

# Dental Health Facts + Benefits of Fluoride

Teens with  
**poor oral  
health** were

**4 TIMES**  
MORE LIKELY  
to earn lower  
grades.



**3 IN 10**  
low-income  
adults  
say the  
appearance  
of their  
mouth/teeth  
"affects  
my ability  
to interview  
for a job."

Drinking  
fluoridated  
water **reduces**  
tooth decay by

**25%**  
for **adults**  
and **children.**



**6,600+**  
research papers  
have been  
published on  
fluoridation —  
**strengthening**  
our  
knowledge  
of its **benefits**  
and **safety.**

**After  
fluoridation  
ended** in an  
Alaskan city,  
the average  
low-income  
child had

**1 MORE**  
cavity-related  
treatment  
each year.



In the early  
1960s, before  
fluoridation  
was common,  
the **average  
adult had**

**18**  
decayed,  
missing or  
filled teeth.