

# 2023 PA ORAL HEALTH SUMMIT: PAVING THE ROAD TO EQUITY

November 15-17, 2023 Harrisburg, PA





# Welcome

## Jess Rhodes **Board Chair PA Coalition for Oral Health**







# Logistics

Needs

Jamboard

Let's Go!



### **Rules of Engagement**





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## UPMC HEALTH PLAN

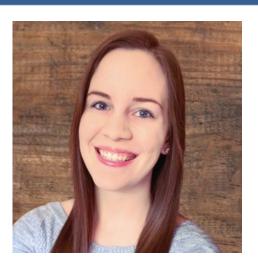
## Summit Planning Team

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- Dr. Joan Gluch
- Dr. Joseph Greenberg
- Katie Noss
- Kelly Braun
- Kristin Haegele Hill
- Mindy Diggan
- Sarah Goard
- Dr. Sean Boynes
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### Policy & Advocacy Coordinator



### Alison Feise

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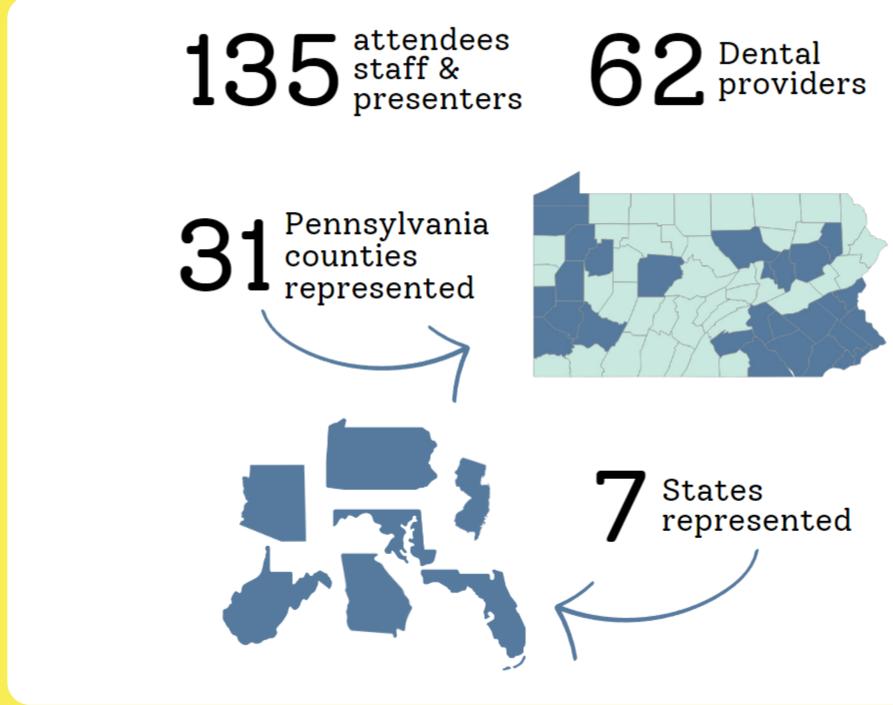
- Dr. Stephanie Gill
- Micah Gursky
- Julie Lentes •



### Incoming 2024 Board Members



# Who's in the room?









### 30 seconds each:

• Name, Organization, Geographic Region • What do you consider your hometown?



Let's hear from: Cindy Findley Deputy Secretary Health Promotion and Disease Prevention Pennsylvania Department of Health



Let's hear from: Tensae Getz Pennsylvania Department of Health Office of Health Equity







## Tackling Health Disparities Across The Commonwealth

**Pennsylvania Department of Health** 

**Office of Health Equity** 



## Office of Health Equity Mission

Provide leadership to promote public awareness of health disparities, advocate for programs to eliminate health disparities, and collaborate with stakeholders to achieve measurable and sustainable improvement in health status of underrepresented populations.



## PIHET & Antiracism Task Force

### **Pennsylvania Interagency** Health Equity Team (PIHET)

We convene Commonwealth leaders to end health disparities by building capacity for equitable policies and programs, cultivating strategic partnerships, and sharing relevant models for action.

Includes numerous Pennsylvania Departments on this team such as PA Department of Transportation and Pennsylvania Department of Human Services

### **Antiracism and Health Equity Task Force**

The purpose of the Antiracism and Health Equity Task Force is to lead the Department of Health's efforts to become an antiracist institution, mindful of historically disinvested communities; to achieve equity and inclusion for all staff and health equity in the commonwealth.



## **Regional HEAT Committee Creation**



## Current Regional HEAT **Count:** 380 internal and external members



## Statewide HEAT Committee Creation

- Meets virtually via Microsoft TEAMs every other Thursday from 10a-11a.
- Partners consist of academia, healthcare professionals, state agencies, non-profit organizations, foundations, faith-based organizations and more.
- This group encompasses over 500+ individuals across the state with between 85-115 of those individuals joining each meeting



## Partnership and Collaboration

### **Nonprofit and Faith Based Partnership**

The OHE is working to expand upon existing partnerships, as well as forging new ones, to address the needs of the most vulnerable communities throughout Pennsylvania. There are several initiatives underway and being prepared for implementation.

Please see below for a resource developed by the Pennsylvania Office of Rural Health for leaders and members of faith-based communities regarding mitigation of COVID-19:

Rural Pennsylvania COVID-19 Faith Toolkit

### **Rural Pennsylvania Outreach Partnership**



## CLAS

### Culturally Linguistic Appropriate Standards is a means to improve cultural competency.

- Our goal with CLAS is to help reduce health disparities and achieve health equity in our Department
- OHE has internal CLAS Taskforce with various key objectives

### **CLAS Standards Toolkit**

The purpose of this toolkit is to enable organizations to provide resources to implement the National CLAS Standards and improve health equity. As of 2021 the CLAS Toolkit has an external document.

> Find the CLAS Toolkit in our Office of Health Equity Website Health Equity (pa.gov)



## Implicit and Explicit Bias

Racism and biases, implicit or explicit, negatively impact and exacerbate health inequities among historically marginalized communities.

To address implicit bias in Pennsylvania, the OHE is getting ready to deploy a **statewide training** on the topic to all healthcare professionals.

The OHE also built a **tool kit** that will be accessed on the DOH website for all organizations. This toolkit was recently publicly released and includes insight into various topics surrounding implicit and explicit bias.





### SAVE THE DATE

## 2024 Health Equity Summit

Harrisburg, PA

April 4 & 5, 2024





## Tensae Getz

## Healthcare Opportunity Initiative Coordinator

Office of Health Equity

c-tgertz@pa.gov



Let's hear from: Secretary Valerie Arkoosh Pennsylvania Department of Human Services



Let's hear from:

Dr. Margaret Larkins-Pettigrew SVP/Chief Clinical Diversity, Equity & Inclusion Officer, Allegheny Health Network/Highmark Academic Chair of Obstetrics/Gynecology at Drexel University Author



# Reflections of Equity Through Inclusive Practices

Margaret Larkins-Pettigrew, MD, MEd, MPPM, FACOG SVP, Enterprise Chief Clinical Diversity, Equity & Inclusion Officer Enterprise Equitable Health Institute Professor and Academic Chair of Obstetrics and Gynecology Drexel University College of Medicine

# Agenda

- 1. The Existential Question (Why are we here?)
- 2. Policy and Practices that reflect Diversity, Equity, and Inclusion
- 3. Defining Diversity, Equity, and Inclusion
- 4. Introduction to the New IQ (New Inclusion Quotient)
- 5. Focus on Inclusive Habits/Behaviors
- 6. Group Engagement Word Cloud



During this interactive group learning session, you will actively engage in defining equity & inclusion as a priority for your workplace.

Our goals for these sessions include:

- 1. Enhancing collegiality and team effort
- 2. Outlining current policy and practices that reflect dignity and respect 3. Highlighting initiatives that focus on inclusion and foster inclusive habitats The New Inclusion Quotient (*i.e.*, fair, open, cooperative, supportive and empowering) that supports equitable decisions

# Did you know!





Black and Hispanic respondents reported that they had never been to a dentist at more than 3x the rate of white respondents.

Male respondents reported that they had never been to a dentist at more than 2x the rate of female respondents. According to recent CareQuest Institute research:

• Black adults are 68% more likely to have an unmet dental need than white adults.

- due to poor oral health.
- the rate of white respondents.

• Latino adults are 52% more likely than white adults to report having *difficulty doing their job* 

• Black and Hispanic respondents reported that they had *never been to a dentist* at more than 3x

CareQuest Equity of Oral Health 2023

## Academic Training

- 2022-23
- share of white students dropped from 51.1% to 48.2%.
- The share of first-year Asian and Hispanic dental students stayed roughly the same
- varies significantly by specialty.
- Tufts University School of Dental Medicine
- The University of Colorado School of Dental Medicine,
- ADA Health Policy Institute's Survey of Dental Education,

Dental schools are more diverse than they have ever been.

• The total share of female students enrolled in predoctoral dental education programs rose from 50.5% in 2018-19 to 55.5% in

• The total share of students who are a racial/ethnic minority grew from 41.9% to 44.8% in that same timeframe, while the total

increased between 2005 and 2020, The share of Black students

• The percentage of female enrollees in advanced programs also

administered on behalf of the Commission on Dental Accreditation.

## Impacts Beyond the Mouth

Growing evidence connects a healthy mouth with a healthy body. Here are some examples showing why oral health is about much more than a smile:

### **High Blood Pressure**

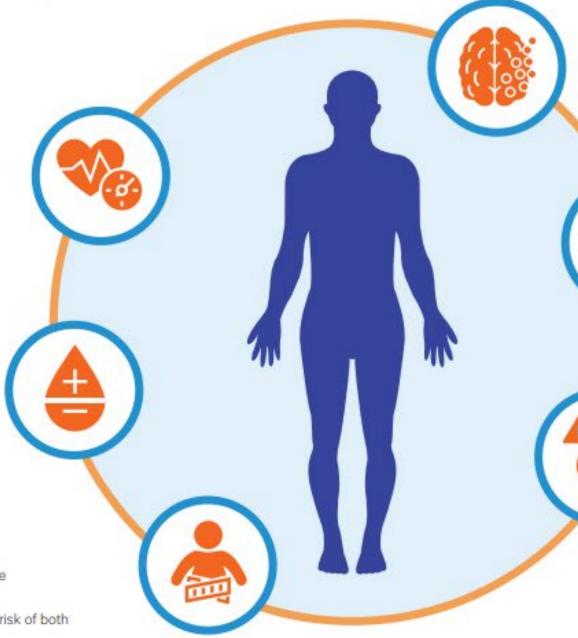
- Putting off dental care during early adulthood is linked to an increased risk of having high blood pressure.1
- Patients with gum disease are less likely to keep their blood pressure under control with medication than are those with good oral health.2

### Diabetes

- Untreated gum disease makes it harder for people with diabetes to manage their blood glucose levels.3
- Diabetes raises the risk of developing gum disease by 86%.\*

### Obesity

- Brushing teeth no more than once per day was linked with the development of obesity.5
- Frequent consumption of sugar-sweetened drinks raises the risk of both obesity6 and tooth decay among children7 and adults.8



### Sources

- 1. Oreskovic, NM et al. (2017). Oral health status and longitudinal cardiometabolic risk in a national sample of young adults. Journal of the American Dental Association, 148(12). 990-935
- 2. Pietropaoli D, et al. Poor Oral Health and Blood Pressure Control among US Hypertensive Adults: Results from the National Health and Nutrition Examination Survey 2009 to 2014. Hypertension. 2018 Dec; 72(6). 1365-1373. Müller F. Oral Hygiene Reduces the Mortality from Aspiration Pneumonia in Frail Elders. Journal of Dental Research. 2015 Mar; 94(3 Suppl.): 14S-165.
- 3 Preshaw PM, Bissett SM, Periodontitis and diabetes. British Dental Journal 2019, 227 577-584; Teeuw WJ, et al. Effect of periodontal treatment on glycemic control of diabetic patients: A systematic review and meta-analysis. Diabetes Care. 2010 Feb: 33(2): 421-427.
- 4. Baranowski MJ, et al. Diabetes in dental practice-review of literature. Journal of Education, Health and Sport, 2019; 9(2), 264-274
- 5. Furuta M, et al. (2020). Longitudinal associations of toothbrushing with obesity and hyperglycemia. Journal of Epidemiology, JE20190165.
- 6. Luger M, et al. Sugar-Sweetened Beverages and Weight Gain in Children and Adults: A Systematic Review from 2013 to 2015 and a Comparison with Previous Studies. Obesity Facts 2017 10(6) 674-693
- 7. Bleich SN, Vercammen KA. The negative impact of sugar-sweetened beverages on children's health: an update of the literature. BMC Obesity, 2018; 5(6).
- 8. Bernabé E, et al. Sugar-sweetened beverages and dental caries in adults: a 4-year prospective study. Journal of Dentistry. 2014; 42(8): 952-958.
- 9. Chen CK, et al. (2017). Association between chronic periodontitis and the risk of Alzheimer's disease a retrospective, population-based, matched-cohort study. Alzheimer's Research & Therapy, 9(1), 56.
- 10. Teixeira FB, et al. Periodontitis and Alzheimer's Disease: A Possible Comorbidity between Oral Chronic Inflammatory Condition and Neuroinflammation. Frontiers in Aging Neuroscience, 2017 Oct; 9:327
- 11. Müller F. Oral Hygiene Reduces the Mortality from Aspiration Pneumonia in Frail Elders. Journal of Dental Research, 2015 Mar; 94(3 Suppl.): 14S-16S.
- 12. de Lacerda Vidal CF, et al. Impact of oral hygiene involving toothbrushing versus chlorhexidine in the prevention of ventilator-associated pneumonia: a randomized study. BMC Infectious Diseases. 2017 Feb 27; 17(1): 173.

### Dementia

Having 10 years of chronic gum disease (periodontitis) was associated with a higher risk of developing Alzheimer's disease.9

Researchers report that uncontrolled periodontal disease "could trigger or exacerbate" the neuroinflammatory phenomenon seen in Alzheimer's disease.10

### **Respiratory Health**

- Research shows that improving oral hygiene among medically fragile seniors can reduce the death rate from aspiration pneumonia.11
- Patients with ventilator-associated pneumonia (VAP) who engaged in regular toothbrushing spent significantly less time on mechanical ventilation than other VAP patients.<sup>12</sup>
- Improving veterans' oral hygiene reduced the incidence of hospital-acquired pneumonia (HAP) by 92%, preventing about 136 HAP cases and saving 24 lives.13

### Adverse Birth Outcomes

Gum disease among pregnant women is associated with preterm births, low birthweight babies and preeclampsia, a pregnancy complication that can cause organ damage and can be fatal.14



- 13. Munro S, Baker D, 2018. Reducing missed oral care opportunities to prevent nonventilator associated hospital acquired pneumonia at the Department of Veterans Affairs: Applied Nursing Research, 2018; 44: 48-53
- 14. Daalderop LA, et al. Periodontal Disease and Pregnancy Outcomes: Overview of Systematic Reviews, Journal of Dental Research Clinical and Translational Research. 2018, 3(1), 10-27.

### Suggested Citation:

CareQuest Institute for Oral Health. Impacts Beyond the Mouth. Boston, MA; June 2020. DOI: 10.35565/CQI.2020.4002

# Policy

- Political Determinants of "HEALTH"
- Ultimately results in
- Social Determinants of "LIFE"



# Policies

### **Enterprise**

- 13.27 Nondiscrimination (POL- 4440124)
- 13.26 Nondiscrimination Grievance (POL- 4440120)
- 20.16 Harassment & Unwelcome Conduct (POL- 4441395)
- Reporting Harassment & Unwelcome Conduct (POL- 4441397)
- 20.20 Non-Retaliation (POL- 4408431)
- 20.11 Employment and Equal Opportunity (POL 4408340)

### <u>AHN</u>

- Civil Rights/Nondiscrimination in the Provision of Health-Related Services #6971870 (POL- 4444257)
- Harassment and Unwelcome Conduct #9414427
- Code of Conduct for Patients and Visitors (POL- 4442381)
- Standards of Conduct (POL- 4427814)



### The Institute's Principles

- ✓ Collaborating with internal and external partners.
- ✓ Advocating for equitable access for our communities.
- ✓ Creating dialogue about structures of inequality.
- ✓ Increasing access to educational, research, and professional opportunities.
- ✓ Increasing transparency.



### WHAT IS DEI?

# Diversity

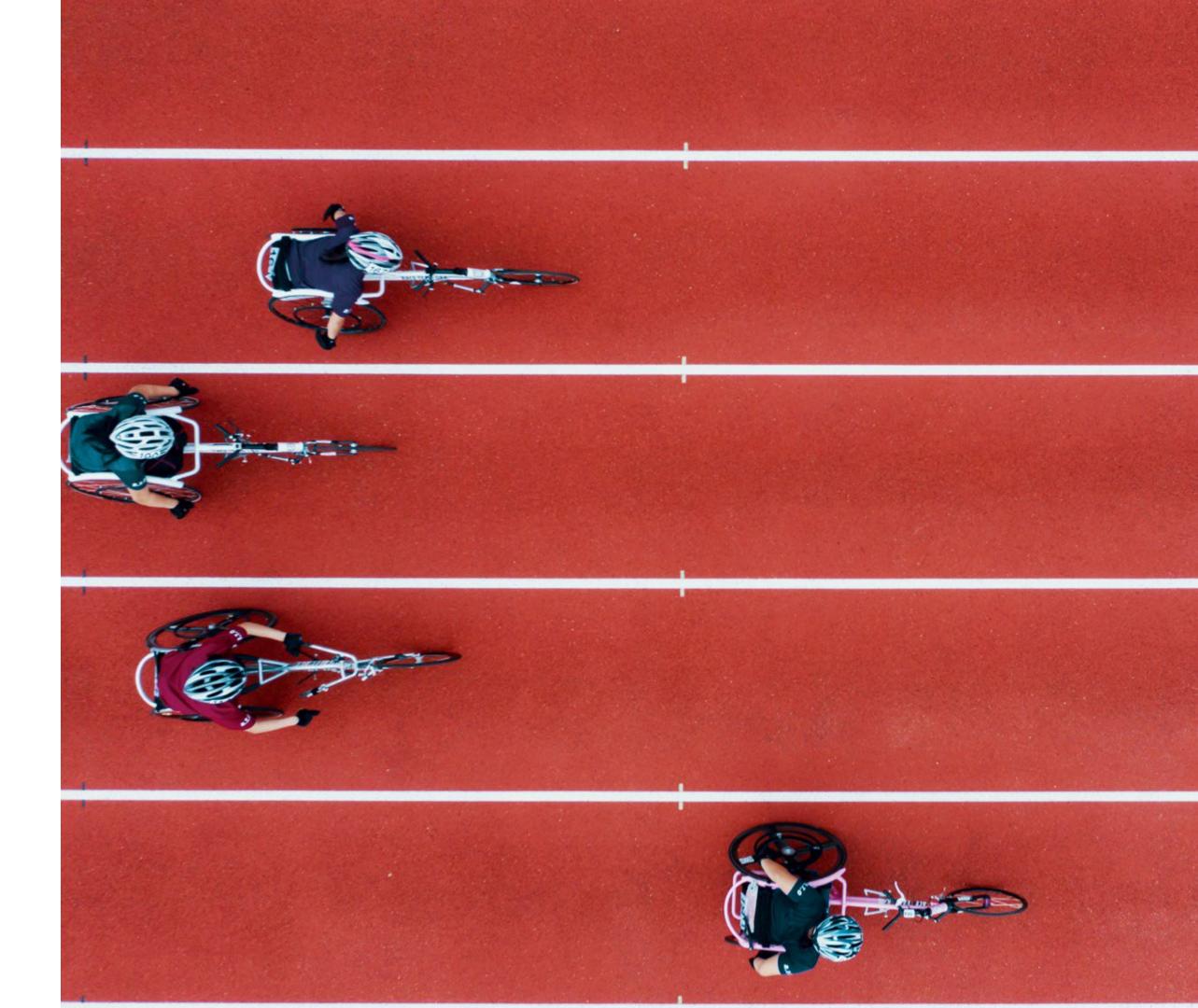
The range of characteristics, seen and unseen, innate or acquired, that exist in groups, like gender identity, race, ethnicity, and military, veteran, LGBTQIA+, or disability status.



#### WHAT IS DEI?

# Equity

Making sure everyone has access to the same opportunities, based on acknowledging unequal starting places to correct and address the imbalance.



## Equality



Equity







#### WHAT IS DEI?

## Inclusion

The practice of making all feel welcome and comfortable being their authentic selves with equal opportunity to connect, grow, contribute, and advance their skill sets and careers.



Cultural Competence and Cultural Humility What's the Difference?

### **Cultural Competence**

- Mastery/expert
- End point
- Rigid
- Technical
- Hierarchy
- Linear
- Status quo

## **Cultural Humility**

- Learner/student
- Fluid
- Flexible, dynamic
- Personal, authentic
- Partnership
- Evolving
- Path to Equity

Four Pillars of Cultural Humility

- 1. A lifelong process of critical self-reflection and self-critique
- 3. behalf of individuals and defined populations
- parallels the three principles above

Tervalon M, Murray-Garcia J: "Cultural humility versus cultural competence: a critical distinction in defining physician training outcomes in multicultural education, "Journal of Health Care for the Poor and Underserved 1998; 9(2):117-124

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2. Redressing the power imbalances in the patient-provider dynamic

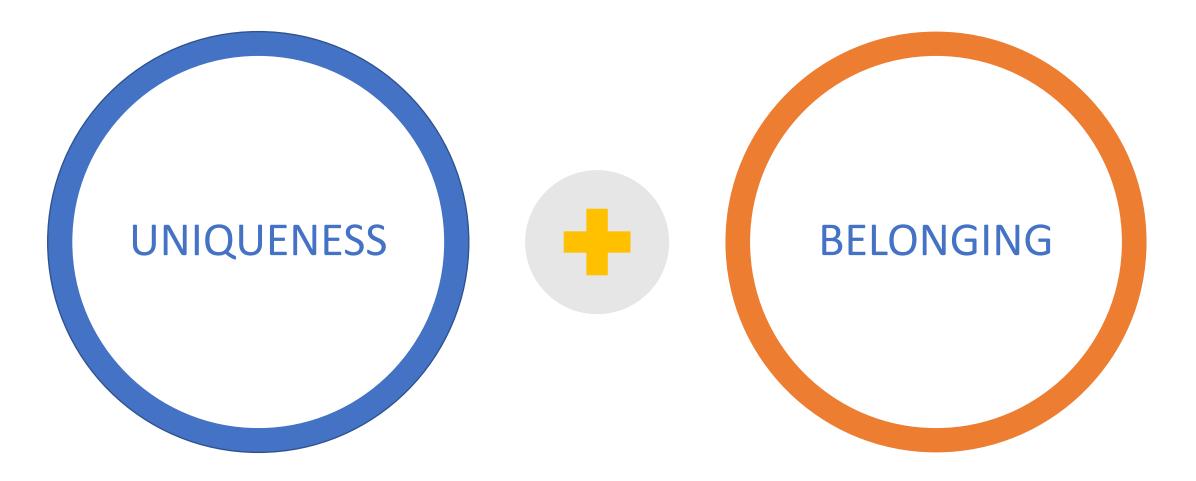
Developing mutually beneficial partnerships with communities on

4. Advocating and maintaining institutional accountability that



## Two Important Aspects of Inclusion

Brewer's Optimal Distinctiveness Theory (ODT). This theory essentially explains the tension that people experience between the need to be a unique individual and the need to belong with others.



It is believed that this tension between belongingness and uniqueness is an underlying theme diversity and inclusion literature





- **Discussion**:
- 1. Think back to the best jobs you've ever
  - had.
- 2. What made that place such a great
  - place to work?
- 3. What can YOU do to make your current
  - workplace a great place to work?



To become remarkable, we will adopt the **New IQ**, allowing us to be our authentic selves and thrive in a speak-up culture.



## Out with the Old and in the New...

### Old IQ

## Individual Smarts is less important



**New IQ** 

# Group Smarts is most important



22

Progress depends as much on our collective differences as it does on our individual IQ scores

– Scott Page

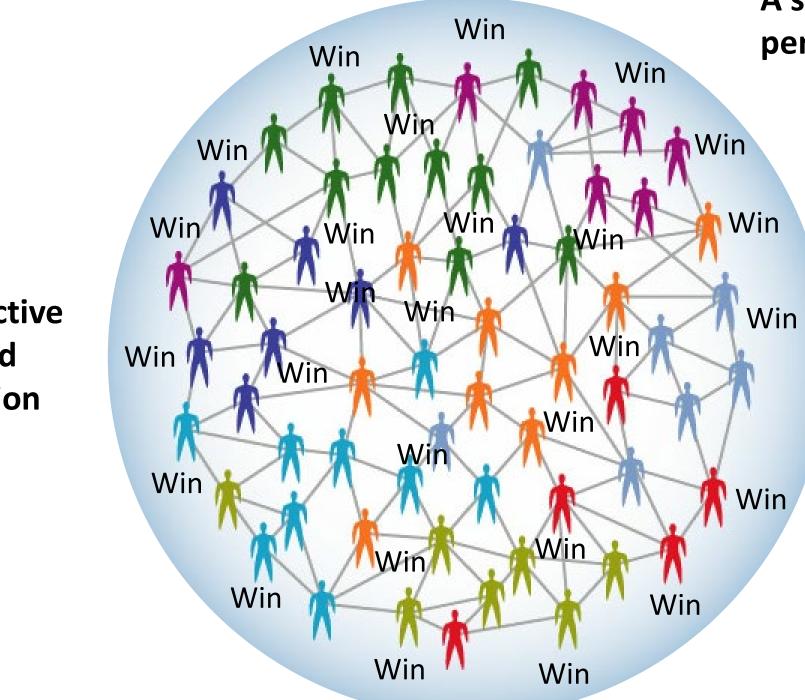
# We are less Smart like this... A hierarchical ANN. segregated organization



A fragile, unstable, lowperformance system



## We are Smarter like this...



An interactive networked organization

#### A stable, robust, highperformance system

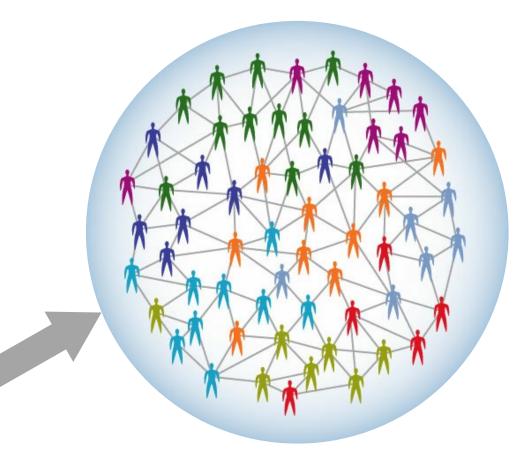
#### A Positive-Sum Game

## How do we get from here to there?



- Disengagement
- Lack of inclusive
- Cliques, silos, and unconscious biases

大大大



**Highly interconnected workforce** where employees feel:

- Included
- Creative
- Engaged

# The New IQ = Inclusion Quotient

#### **Measures**



**Inclusive Intelligence** The intentional, deliberate, and proactive acts that increase work group intelligence by making people feel they "belong" and are "uniquely" valued.

If you do not intentionally, deliberately, and proactively include, you will unintentionally exclude.



#### Processing Work Events: What Happens Inside

Every worker's performance is affected by the constant interplay of perceptions, emotions, and motivations triggered by workday events, including managerial action—yet inner work life remains mostly invisible to management.

#### WORKDAY EVENTS

#### **INNER WORK LIFE SYSTEM**

#### PERCEPTIONS

(Sensemaking about workday events)

#### The Work

- Meaning and value
- What needs to be done

#### The Self

- Role in team, project, and organization
- Capability/confidence
- Value

#### The Team The Organization

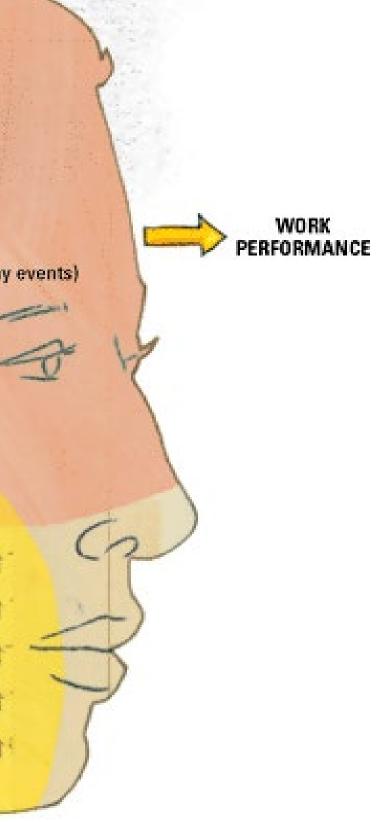
#### EMOTIONS

Fear

- (Reactions to workday events) Happiness
- Pride, warmth, love Sadness Anger, frustration

#### **MOTIVATION FOR WORK**

What to do Whether to do it How to do it When to do it



## Triggers: Has anyone ever said or heard...

- "You don't act \_\_\_\_\_"
- "I think you're being too sensitive"
- "Calm down"
- "I know how you feel"
- "That's nothing to worry about"
- "I have a lot of friends who are \_\_\_\_\_\_
- "Too emotional…"
- "Are you planning to have a family?"
- "Work-life balance is a woman's issue."
- "Not as committed to careers..."

## Triggers: Has anyone ever said or heard...

- "Hey, Chief"
- "Hold down the fort"
- "Pow-wow"
- "Low man on the totem pole"
- "Indian giver"
- Many references to the Cleveland baseball team, U of Illinois mascot, Atlanta's "chop" or Washington's NFL team
- "Your English is good"
- "Can you recommend a good landscaper or housekeeper?"

## Triggers: Has anyone ever said or heard...

- "I'm sorry you're gay"
- What do gay people think about \_\_\_\_\_?
- References to the "Alphabet people"
- Pronouns? It's too much to think about...
- Plural pronouns? It's grammatically incorrect...
- "How do you potty or use the restroom?"
- "You look really good (for being disabled)."
- "Here, I'm going to help you."
- "I don't think of you as a person with a disability"

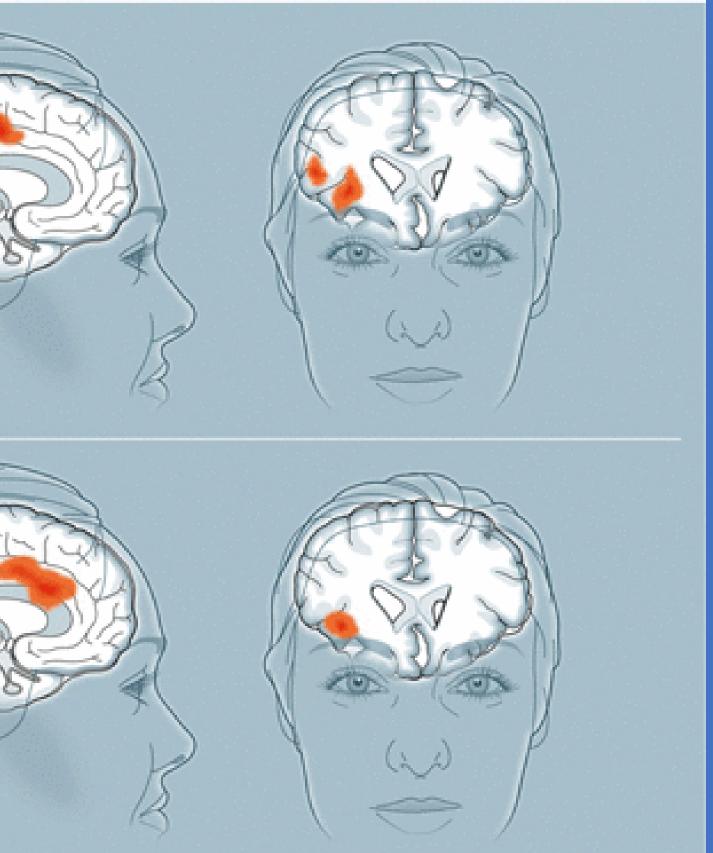
#### Exhibit 1: Social and Physical Pain Produce Similar Brain Responses

Brain scans captured through functional magnetic resonance imaging (fMRI) show the same areas associated with distress, whether caused by social rejection or physical pain. The dorsal anterior cingulate cortex (highlighted at left) is associated with the degree of distress; the right ventral prefrontal cortex (highlighted at right) is associated with regulating the distress.

# Social Pain Physical Pain

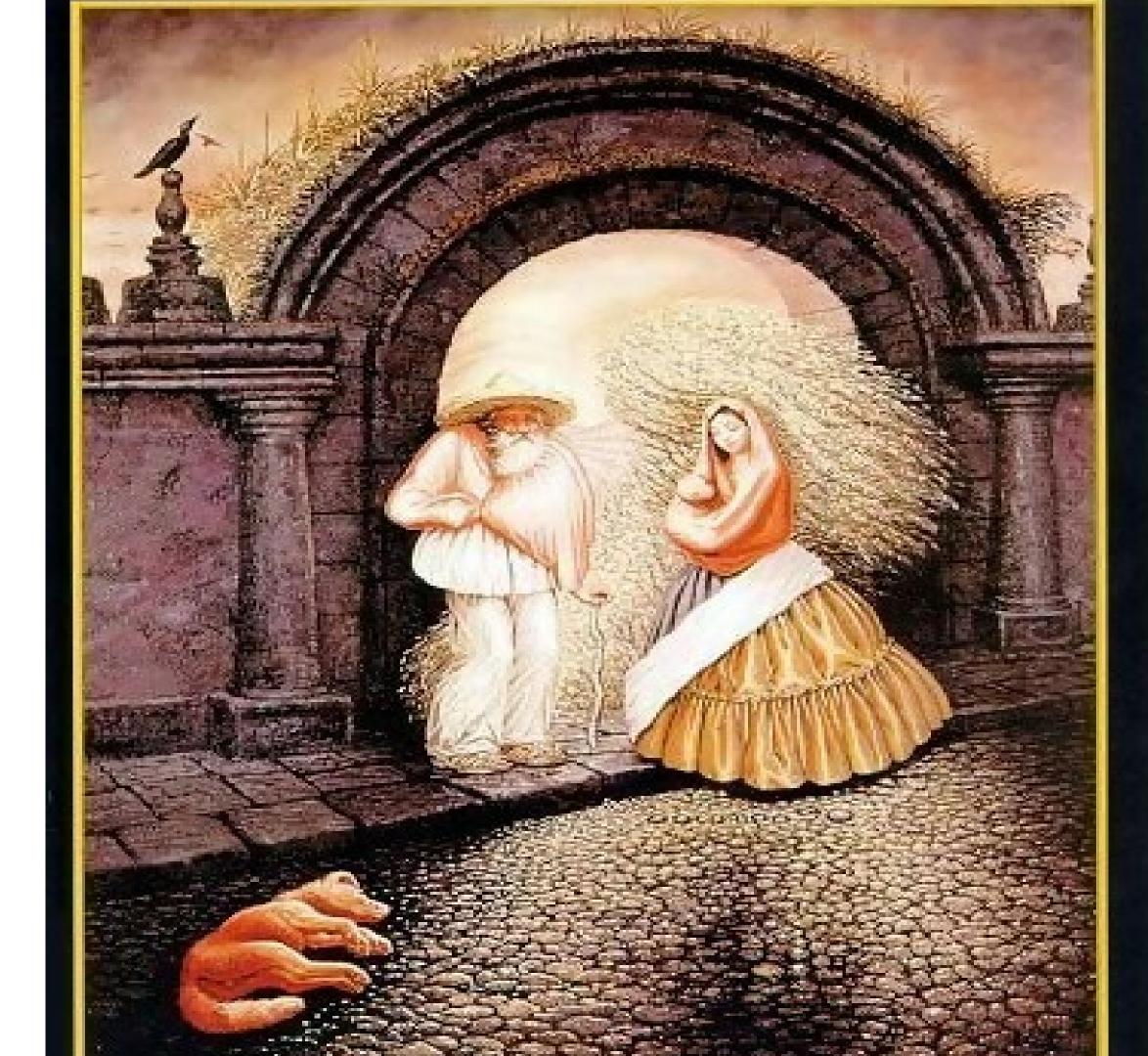
Illustration: Samuel Valasco Source: Eisenberger, Lieberman, and Williams, Science, 200 Neuroimage, May 2006 [obysical gain images]

# The "Real" Pain of Exclusion

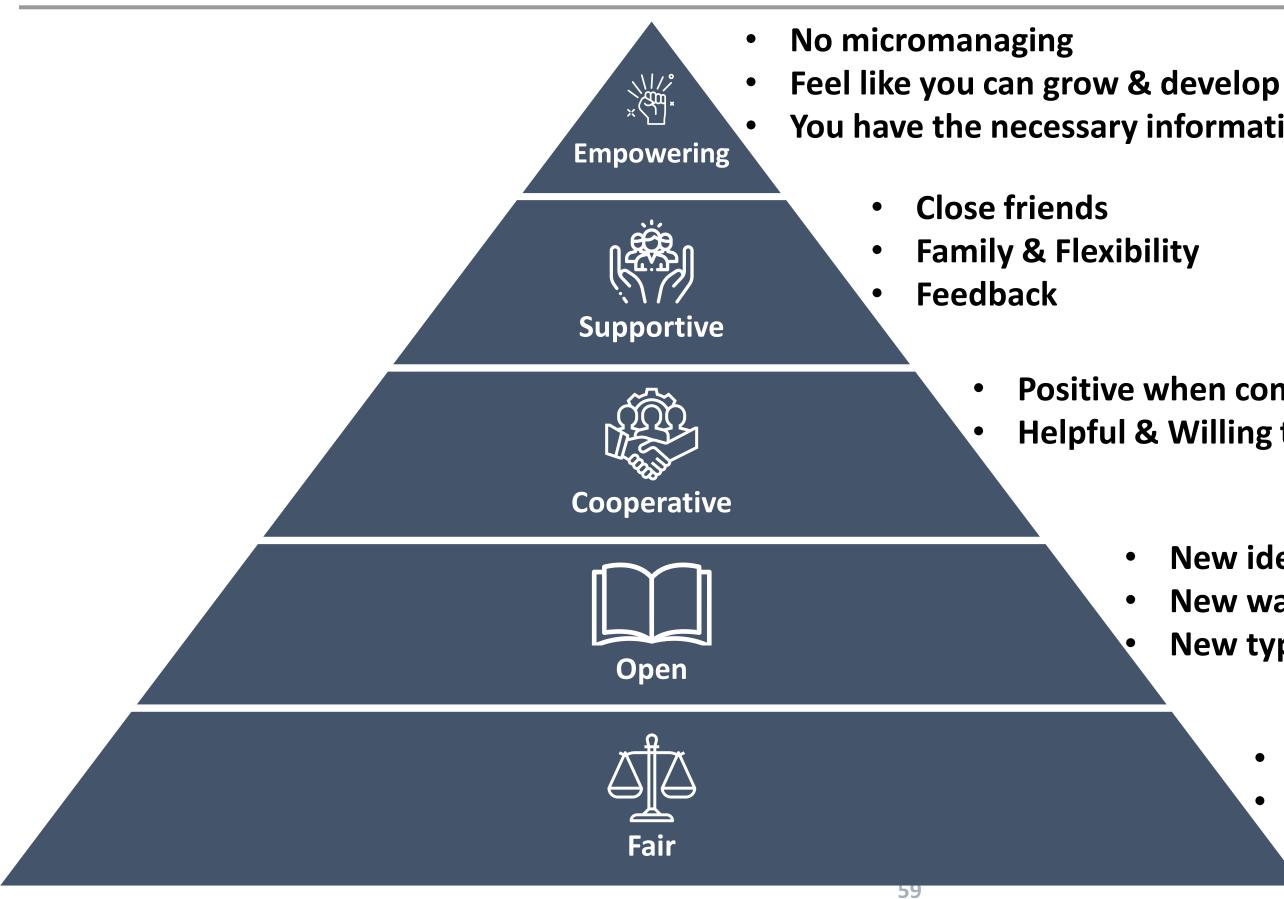




# Face Exercise



## The 5 Habits of Inclusion



## You have the necessary information & resources to do job

#### **Positive when communicating with others Helpful & Willing to help**

New ideas New ways of doing things New types of people

- Don't play favorites
- Be careful about your cliques

## 3 Small Steps to Creating Habits

- 1. Shrink the change
- 2. Find a spot
- 3. Train the cycle everyday

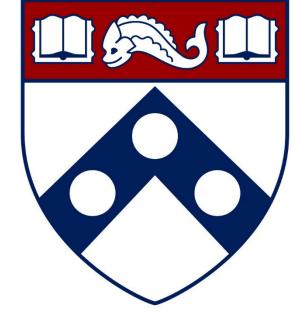
Shape your environment!



## Questions



# Thank You to our Lunch Sponsor:







**Presentation #1:** Let's hear from:

Micah Gursky Dental Pain in the ER – The Unavoidable Avoidable







## Dental Pain in the ER

The Unavoidable Avoidable

### Micah Gursky

St. Luke's University Health Network Rural Health Clinic Administrator & Dental Clinic Manager Director of Business Development & Government Relations Micah.Gursky@sluhn.org

(m) 570-449-8996





### **Objectives**

- 1. Quantify "avoidable" ED Dental Pain Visits
- 2. Creating a Case for Interventions and Policies
  - Anecdotal
  - Data
  - Financial
- 3. Best practices to address systemic oral health inequities that result in avoidable ED Dental Pain visits



#### John E. Morgan – Philanthropist

2000 \$1.5M Personal Gift to Build a New ER



2018 \$4M Foundation Gift to Prevent Avoidable Visits



### What does "Avoidable ER Visit" mean?

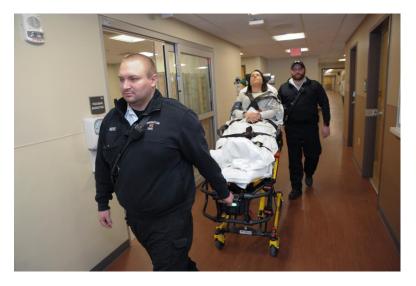
- Philanthropists
- Patient
- ER Staff
- Hospital Administration
- Policy Makers
- Payers
- Community Health Department





#### **Emergency Services Index (ESI)**

- Every ER visit is given an ESI Score of 1 5
  - 1 Most resource intensive
  - 5 Least resource intensive
- ESI is not a scale of "Least Avoidable to Most Avoidable"
- However, ESI Level 4 & 5 is a serviceable proxy for "Avoidable"

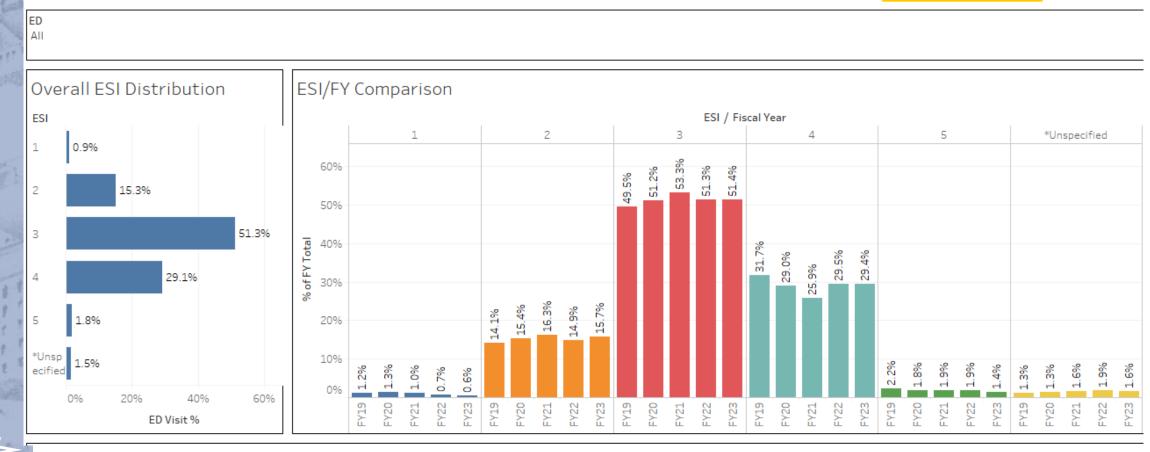




#### SLUHN ED Patient Distribution

1872-20

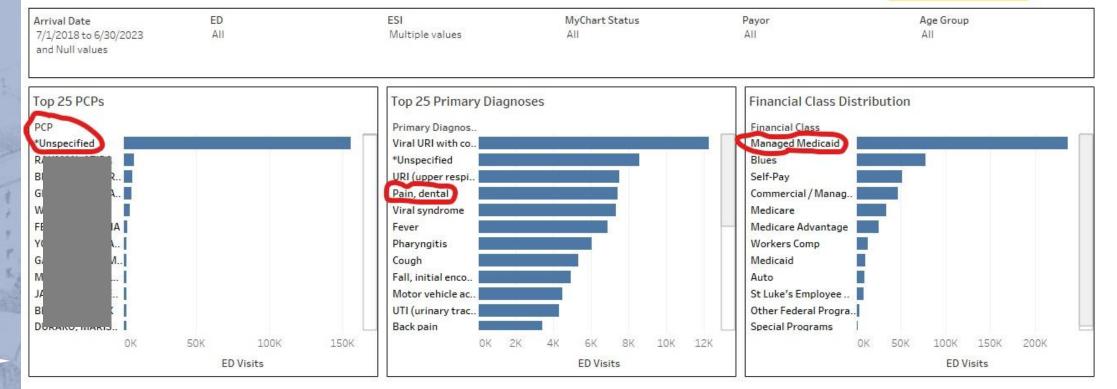




#### FY18 - FY23 ESI 4 & 5 Visits by Primary Diagnosis, PCP and Financial Class

#### SLUHN ED Encounter Trends for Care Management





### The Unavoidable Avoidable

- Understanding of importance of oral health
- Prevention
- Oral health care delivery system
- Providers
- Access
- Payment models
- ERs are part of the safety net



### Making Your Case for Interventions & Policy Changes

- Data ESI data showing cost of emergency dental care
  - Anecdotal HIPPA-compliant stories
  - Financial True costs
    - Example: St. Luke's Miners Campus
      - Ave Charge for any Managed Medicaid ER Visit
      - Ave Payment for Managed Medicaid ER Visit

\$4,460/visit \$ 223/visit





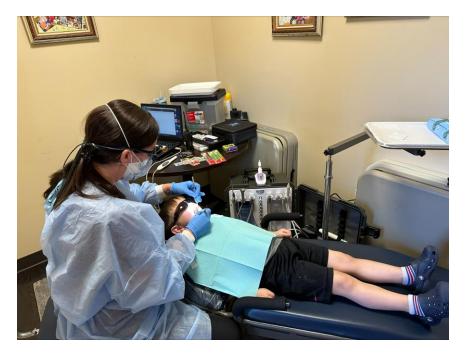
### **Best Practices**

- Preventative care
- Integration with primary care, urgent care, emergency care
- Referral vs. Follow Up
- Advocate



#### **Preventative Care**









## Integration with Primary Care, Urgent Care & Emergency Department





### **Referrals & Follow-Ups**

Patient is seen at a SLUHN facility (AMB Office, Emergency Department or as an Inpatient) and it is determined a referral to Dental is needed.

Physician places an Ambulatory referral to Dentistry (or Pediatric Dentistry, RHC, or Star Wellness Dental Clinic)

Referral drops to a "Dental" Work queue

Patient is contacted via the work queue coordinators to schedule an appointment at an appropriate office location.

### **Referral Entry Process**

- The location in Epic where the physician places the order varies based on the location where the patient is seen:
  - Visit Task Bar- AMB/Urgent Care
  - Dispo Navigator- ED
  - Discharge Navigator- IP
- In all instances, the Physician places the appropriate order:
  - Ambulatory Referral to Dentistry
  - Ambulatory Referral to Pediatric Dentistry
  - Ambulatory Referral to Star Wellness Dental Clinic
  - Ambulatory Referral to Rural Dental Clinic

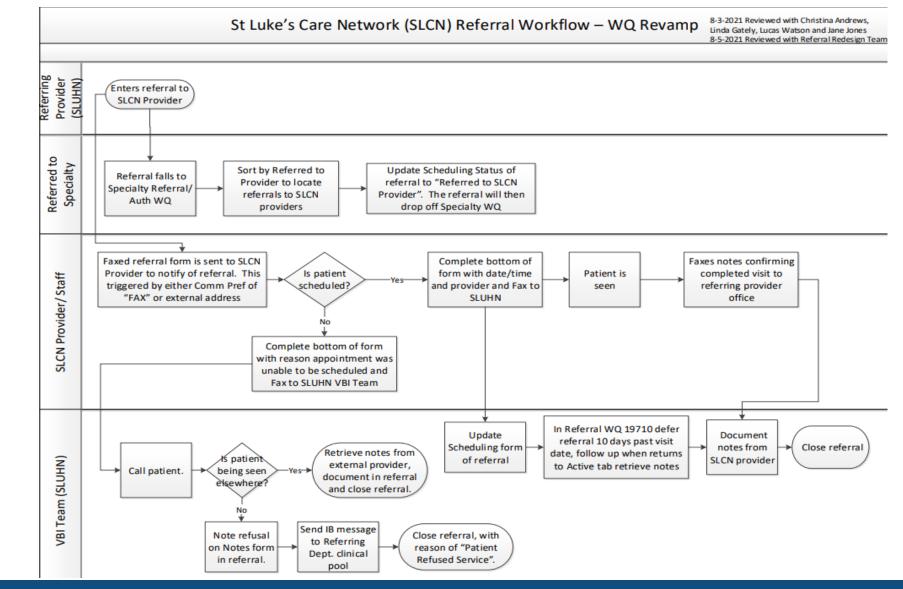
### **After Visit Summary**

- Patients are provided an After Visit Summary (AVS) which provides information regarding their visit, including referrals and follow ups.
  - It is the expectation that *referrals* made will allow SLUHN to engage the patient for scheduling of the needed service(s).
  - It is the expectation that *follow ups* are for the patient to engage SLUHN if needed/wanted.





### **SLCN Referral Workflow**



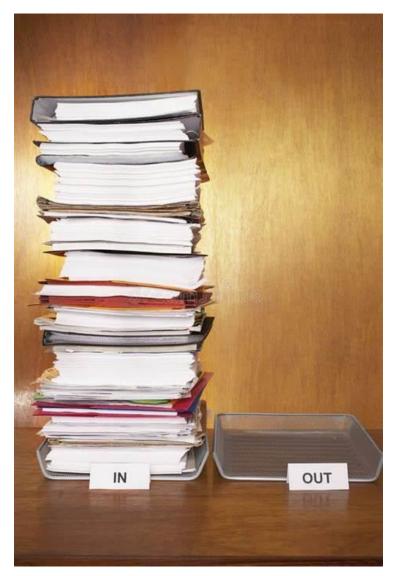
StLukes



### **Dental Referrals**

- Referrals from Ambulatory to Dental and from ER to Dental
- Referrals from General Dentistry and Dental Vans

### **Current state of dental referrals.**



St. Luke's Miners Rural Health Dental and Star Community Health (FQHC) General Dentistry made 2,000+ referrals **OUT** last year.

When safety net providers have no one to refer to, there is no safety net.



### **Objectives**

- 1. Quantify "avoidable" ED Dental Pain Visits
- 2. Creating a Case for Interventions and Policies
  - Anecdotal
  - Data
  - Financial
- 3. Best practices to address systemic oral health inequities that result in avoidable ED Dental Pain visits



### Suggestion for small group discussion

- 1. What would you tell your neighbor to do if they have a toothache and no dental insurance or Medicaid Managed Care?
- 2. PA Medicaid cites data in a managed care outcomes report\* that revealed between 2%-3% of all avoidable visits to the ED in 2019. Does this seem accurate within your community?
- **3.** Discuss the different perspectives and expectations of Dental Pain ER Visits:
  - Patient
  - ER staff
  - Hospital Finance Department
  - Insurance/payer
  - Primary Care Provider

\*PA DHS, Managed Care Organization Outcomes Program Year Three March 1, 2022

- 1. What would you tell your neighbor to do if they came to you with a toothache and you know they have no dental insurance or Medicaid Managed Care coverage?
- 2. PA Medicaid cites data in a managed care outcomes report that revealed between 2%-3% of all avoidable visits to the ED in 2019 were dental-related. Does this seem accurate within your community?

## 3. Discuss the different perspectives and expectations of Dental Pain ER Visits:

- Patient:  $\mathbf{O}$
- **ER Staff**: •
- **Hospital Finance Department:**  $\mathbf{O}$
- Insurance/payer: •
- **Primary Care Provider:**  $\bigcirc$



Presentation #2 Let's hear from: Vanessa Rastovic Access to Dental for Patients with Intellectual and **Developmental Disabilities** 



1. In what ways does your office or do you personally accommodate seeing patients with disabilities or patients with autism in your office? What additional support could be helpful (from the provider or community/caregiver advocate perspective)?

2. What topics should be covered in both dental and dental hygiene schools regarding service for patients with any type (cognitive, physical, etc.) of disability in clinical practice?



**Presentation #3** Let's hear from: Kelly Braun Insights from the Basic Screening Survey



Insights from Pennsylvania's Oral Health Basic Screening Survey

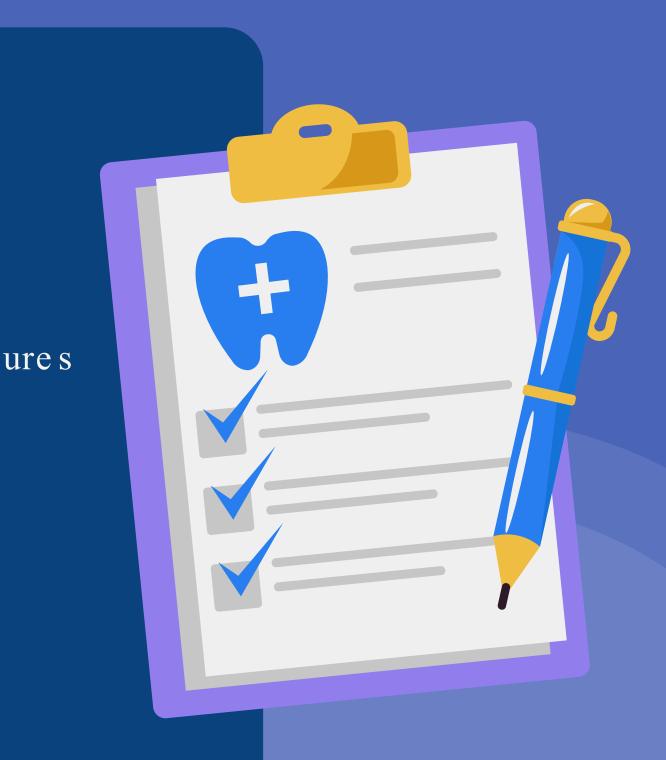
> KELLY BRAUN, PENNSYLVANIA OFFICE OF RURAL HEALTH BASIC SCREENING SURVEY SCREENER



## Overview

Topics for discussion

- 01 Background
- 02 Methods and Procedures
- 03 Findings and Data
- 04 Next Steps



### PROJECT FUNDING SOURCE

Pennsylvania Department of Health through the Centers for Disease Control and Prevention (CDC) of the U.S. Department of Health and Human Services (HHS) under Grant NU58DP006467: Using Surveillance Data and Evidence-based Interventions to Improve Oral Health Outcomes in Pennsylvania. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by CDC, HHS or the U.S. Government.



### DISCLOSURES

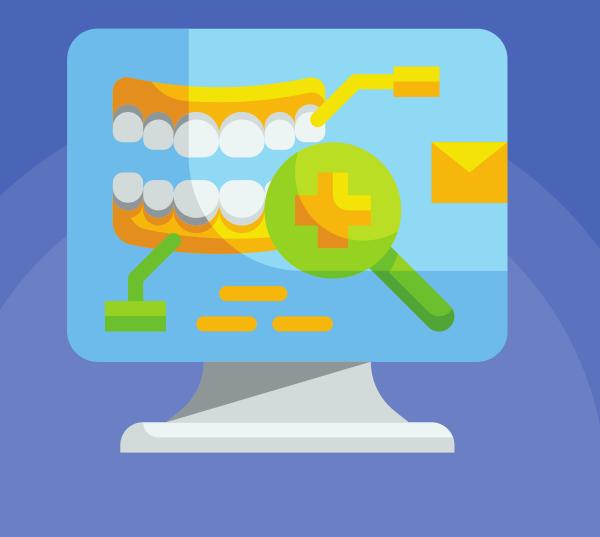
I served as a paid screener for the 2021 -2022 BSS.

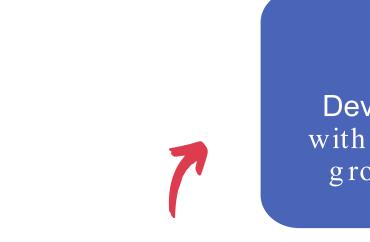
I have no other relevant financial disclosures.





## 2020-2030 PAOral Health Plan





#### SOHSS

The third grade BSS is one SOHSS that will be used to track oral health status and disparities in Pennsylvania



#### Infra structure Improvement

To ensure progress, regular surveillance of specific oral health indicators must be tracked while being mindful of the statewide plan

#### 10 - ye a r p la n

Developed by PA DOH with input from a diverse group of stakeholders



#### Promoting Oral Health

Provides strategies for sustainability and also an evaluation component



Priorities

- Access, Prevention and Education
- Workforce
- Infra structure Improvement

Link to full plan

Basic Screening Survey Methods



#### Selection of Sites

Schools were selected at random based on stratification by demographics including geographic location and income. Schools that declined participation were replaced by others in the same strata. Only 50 of the schools on the original data pull consented. 74/ 80 schools completed screenings.

#### Calibrating Screeners

PA DOH worked with PCOH and a consultant from ASTDD to train and calibrate PHDHPs and CSDHs to conduct these screenings. Screeners attended two mandatory trainings to calibrate on assessment, technique, and documentation.

#### Obtaining Consent

Passive consent was approved by the PA Department of Education and the Institutional Review Board (IRB) using a waiver process and utilized for this screening. All thirdgrade parents were notified of the screening and had the option to "opt out" of the screening by contacting the school.

## Screening Procedures



Scheduling



Ensuring Necessary Sup p lie s

Screening for Indicators

• Caries Experience

- Untreated Caries
- Dental Sealants
- Urgency of Need for Dental Care



Documenting Data

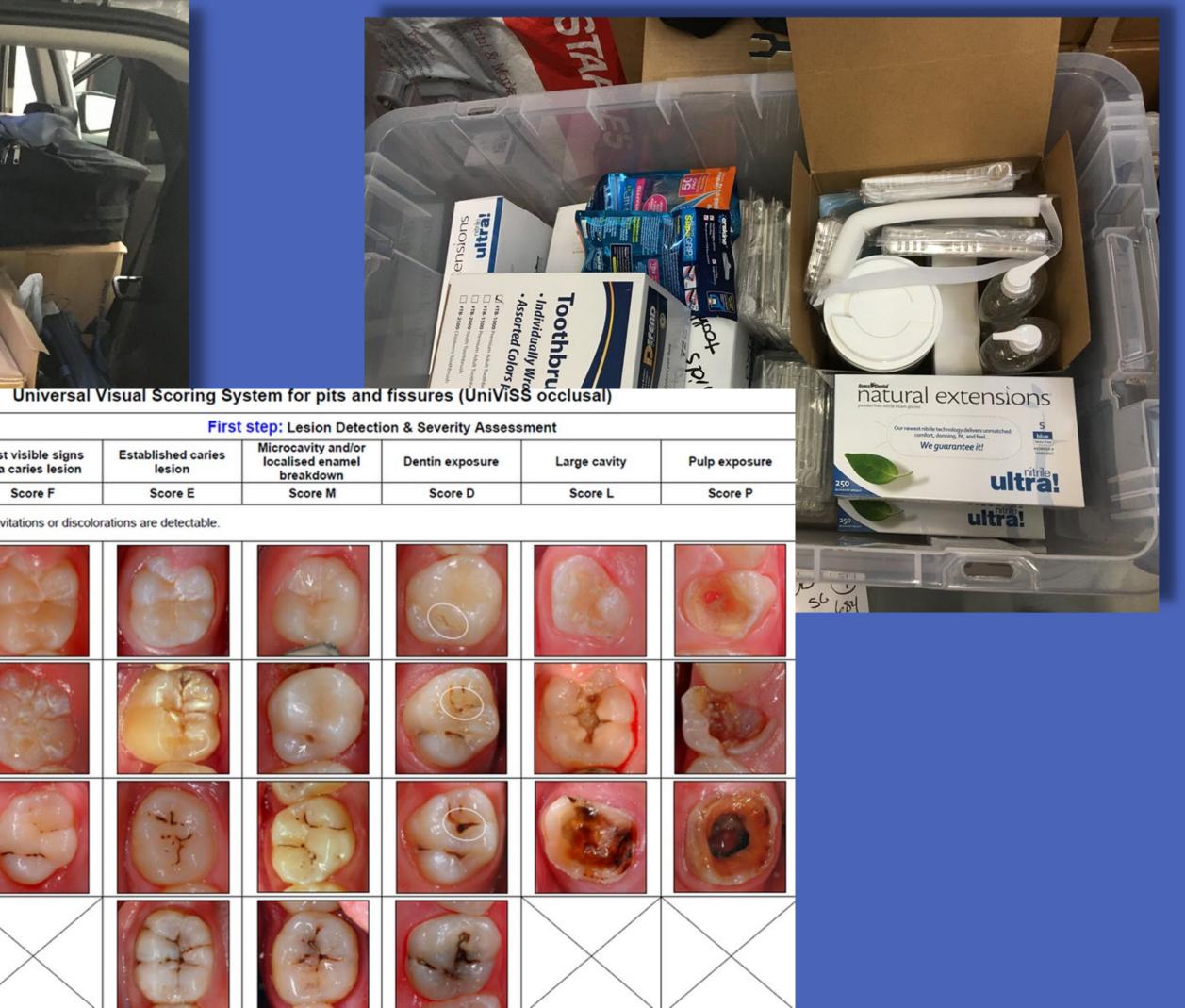


Communicating needs to parents

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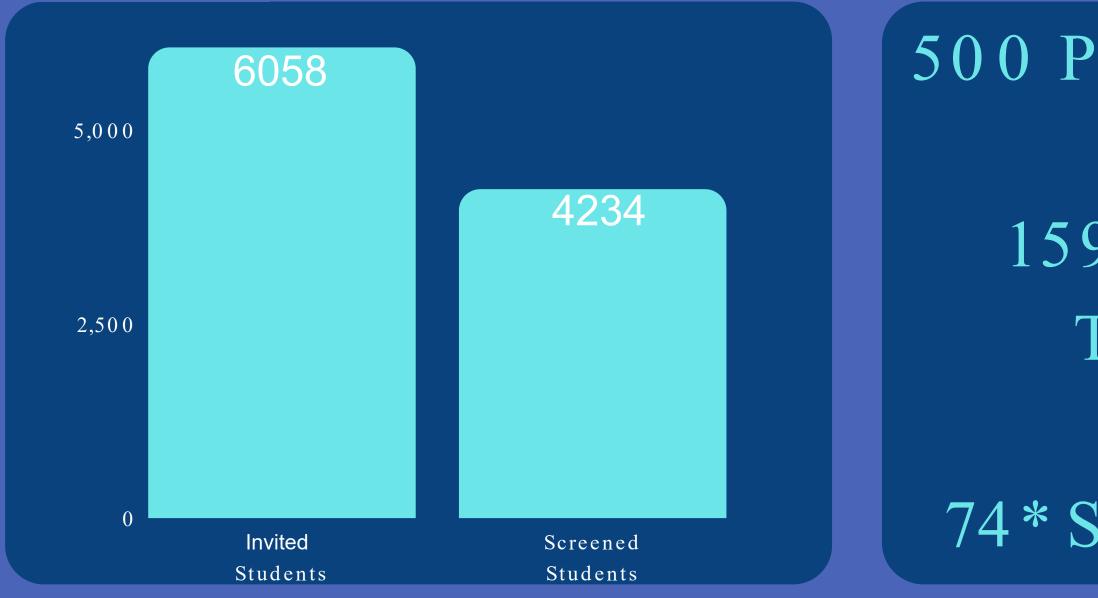
nsions ultra:

		1				
	and the second second	First step: Lesion Detection & Severity Assessme				
1	Second step: Discoloration Assessment	First visible signs of a caries lesion	Established caries lesion	Microcavity and/or localised enamel breakdown	Dentin exposure	
		Score F	Score E	Score M	Score D	
-	Sound surface (Score 0)	No cavitations or discolor	ations are detectable.			
	White (Score 1)			Contraction of the second seco		
	White-brown (Score 2)					
	(Dark) Brown (Score 3)		-1.7			
	Greyish translucency (Score 4)					



## Show Me the Data!

General Demographics



500 PA School Districts

1597 Schools with Third-graders

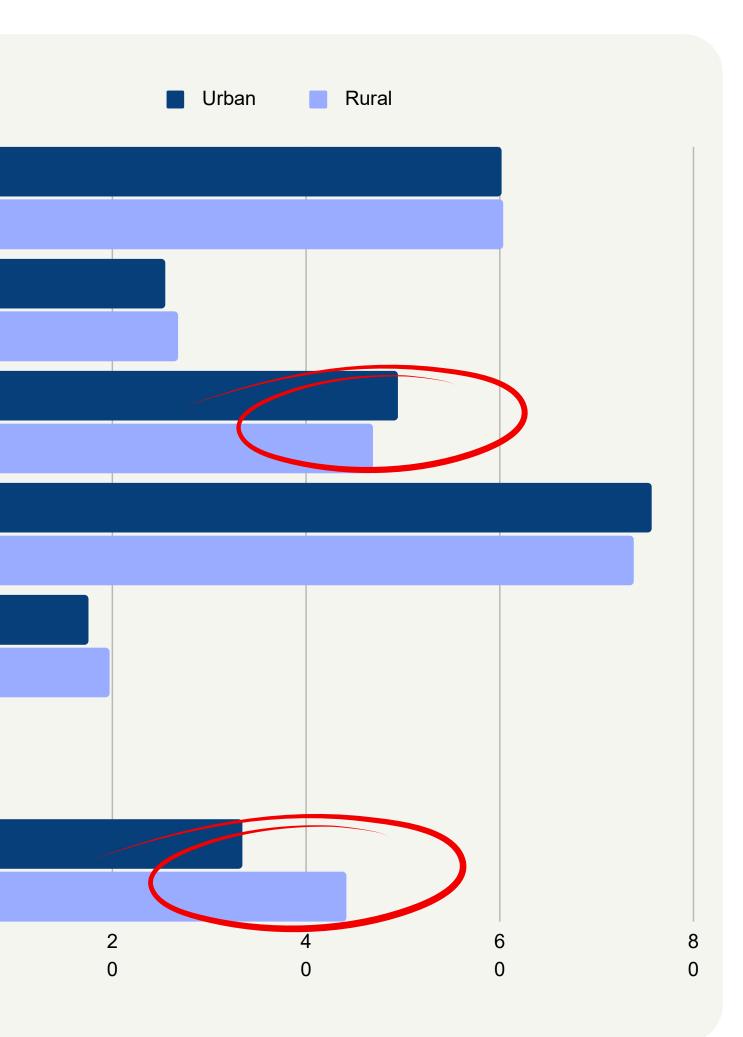
74\* Schools Screened

Oral Health Indicators by Geography

> The percentage of children in both urban and rural areas who have dental caries

> 60 %

## **Caries Experience** Untreated Decay Treated Decay Treatment Urgency - None Treatment Urgency - Early Treatment Urgency - Urgent Sealants on Permanant Molars



## ORAL HEALTH INDICATORS BY RACE AND ETHNICITY

Race/ Ethnicity	Caries Experience	Treated Decay	Untreated Decay	Urgent Treatment Needed	Sealants on Permanent Molars
White	56.9%	24.1%	46.1%	5.5%	38.5%
Blackor African-American	65.1%	32.5%	50.9%	32.9%	30.8%
Hispanic	65.8%	27.8%	52.3%	27.5%	33.1%
Asia n	66.2%	26.1%	56.7%	26.6%	26.0%
Multi-Racial	64.5%	25.4%	54.1%	24.9%	41.9%

Percentage of Third-Grade Children with Caries by Region



### Region

Southcentral

Northcentral

Southwest

Northwest

Southeast

Northeast

### **Caries (Weighted %)**

52.6%
54.2%
55.1%
57.8%
63.3%
71.4%

## The Way Forward

Using data and planning to promote oral health equity

- School Based Dental Sealant Programs
  Ta
- Increase Community Water Fluoridation C
- Increase Medicaid Enrollment & Reimbursement In



• Targeted Outreach and Education

• Cultural Competency Training

• Increase Access to Affordable Care

## Get in Touch!

Learn More

Email Address kub277@psu.edu

PCOH webpage



1. Did any of these statistics surprise you? If so, why or why not?

2. Now that we have the results and data, what's next? How can we use it to elevate oral health for children in PA?

3. What do you see as the biggest barriers for improving children's oral health in your area of the state?



## BREAK Please return at 3:30pm





Presentation #4 Let's hear from:

## Dr. Olivia Sheridan Trauma, What is It, How to Recognize It, How to Practice Trauma-Informed Care: Learned Lessons



# Guidelines for Trauma Informed Dental Care

Olivia Sheridan, DMD Professor, Clinical Restorative Director, Vulnerable Populations Clinic Penn Dental Medicine



## Financial disclosure:

I have no relevant financial or non-financial agreements to disclose.



## **Definition of Trauma**

 $\geq$ Older definition: an event presenting significant fear such that one fears for their safety and very life

 $\geq$ Newer: more fluid, incorporates chronic, significantly stressful, secondary, individualized often causing physical adaptations and responses to stimulae



## **Common Types of Trauma**

**Bullying** ➢Sexual ➢ Political Minority groups **Poverty** ➢ Violence ≻Hunger

### All include significant loss of autonomy



## Adverse Childhood Experiences

- Child physical abuse
- Child sexual abuse
- Child emotional abuse
- Emotional neglect
- Physical neglect
- > Mentally ill, depressed, or suicidal person in the home
- Drug addicted or alcoholic family member
- Witnessing domestic violence against the mother
- Loss of a parent to death, abandonment, or divorce
- Incarceration of any family member
- Trauma and Adverse Childhood Experience
- Source: US Dept. HHS, Trauma and Adverse Childhood Experiences : eclkc.ohs.acf.hhs.gov



## **Responses to Trauma**

### Physical

### **Behavioral**

- Brain connectivity: amygdala+, hippocampus -, pre-fontal cortex unavailable
- Epigenetic: methylation of promotor or loss of promotor to suppress activity
- Immune: upregulating of inflammatory processes

- **Fear ≻**Guilt
- Helplessness
- ►Shame
- >Avoidance
- Dissociation



# Substance abuse

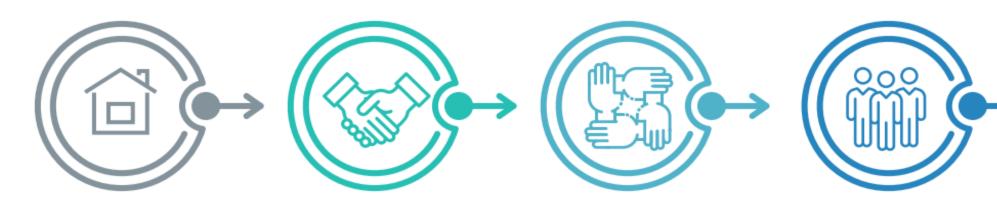


## Modifying Influences to Traumatic Events

Attachments
Validation
Stability
Dialogue
Advocacy



# Six Guiding Principles to a Trauma-Informed Approach



1. SAFETY

2. TRUSTWORTHINESS & TRANSPARENCY 3. PEER SUPPORT

4. COLLABORATION & MUTUALITY





5. EMPOWERMENT VOICE & CHOICE 6. CULTURAL, HISTORICAL, & GENDER ISSUES



## Five Principles for Providing Trauma Informed Care

- $\geq$  1. Bear witness to the patient's experience of trauma;
- > 2. Help patients feel they are in a safe space and recognize their need for physical and emotional safety;
- > 3. Include patients in the healing process;
- 4. Believe in the patient's strength and resilience; and
- $\geq$  5. Incorporate processes that are sensitive to a patient's culture, ethnicity, and personal and social identity

Purkey, E., Patel, R., & Phillips, S. P. (2018). Trauma-informed care: Better care for everyone. Canadian Family Physician, 64(3), 170–172.



## In Dental Practice of TIC

- Up to ~40% of children have had more than one traumatic event
- > 22% of adult women, 8% men report sexual trauma
- > 87% dentists surveyed did not screen for trauma
- Lack of training, embarrassment, presence of another most cited
- Treating Patients with Traumatic Life Experiences: Providing Trauma Informed Care; Raja et al, JADA 145 #3, 2014 PP 238-45



## Common Impediments to TIC in Dental Practice

- Supine position
  Suction
  Fluid
- ➤Taste/smell
- Lights
  Mouth props/rubber dams
  Anesthesia
  Judgement

## Vulnerability/Control



## TIC in Dental Practice

Pyramid guidelines for officesAll practiced in advanceIncludes all in practice

Treating Patients with Traumatic Life Experiences: Providing Trauma Informed Care; Raja et al, JADA 145 #3, 2014 PP 238-45





Understanding Your Own History

Collaboration and Understanding Your Professional Role

Understanding the Health Effects of Trauma

Patient-Centered Communication



## **Referral Base**

- Agreed in advance
- Provide context for TIC care
- Confidentiality with limited contextual information
- > Must be agreed upon with patient
- > Make training available, if possible



## Resources

- National Center for Trauma Informed Care (NCTIC) https://tash.org/nctic/
- SAMHSA's National Center for Trauma-Informed Care https://www.traumainformedcare.chcs.org/resource/samhsasnational-center-for-trauma-informed-care/
- The National Child Traumatic Stress Network https://www.nctsn.org/trauma-informed-care



## Resources

- Trauma-Informed Care in PA Mental Health and Substance **Abuse Services**
- https://www.dhs.pa.gov/providers/Trauma-Informed-Care/Pages/OMHSAS-TIC.aspx
- >The Pennsylvania Trauma Informed Network https://www.pacesconnection.com/g/pennsylvania-traumainformed-network
- > 2020 Trauma Informed PA Plan (PACE)



## contact

### Olivia Sheridan, DMD Penn Dental Medicine

Department of Preventive and Restorative Sciences 240 South 40<sup>th</sup> Street Philadelphia, PA 19104

oliviash@upenn.edu



- 1. Does your organization/practice use a trauma-informed framework or approaches with the individuals and families you work with?
- 2. How is your organization/practice prepared to respond to trauma in patients? Is there anything you learned today that you want to implement right away?
- 3. Do you feel like you need special tools or resources to implement a traumainformed approach with the populations you work with? If any, what are they?
- 4. What are some examples of the widespread impact of trauma that you might see in a community or population (e.g. historical trauma)? What could trauma-informed care mean for your community?



## Panel

Successes, Challenges, and Impact: The Pennsylvania Safety Net

Facilitated by Kristen Rapp, Free Clinic Association of PA

Panelists: Dr. Janine Burkhardt, Jessica Brennan, Calvin Hoops, and Darcie Schaffer



## Reflections / Key Takeaways





# Thank You to our Breakfast Sponsor:

## **Special Smiles LTD**.

Comprehensive dental care for persons with special needs





## Welcome

Dr. Joan Gluch, Board Vice Chair PACoalition for Oral Health





Thank You to Our 2023 **Prime Event Sponsor** 

### **HIGHMARK**. United Concordia dental FOUNDATION

Thank You to Our 2023 **Gold Event Sponsor** 

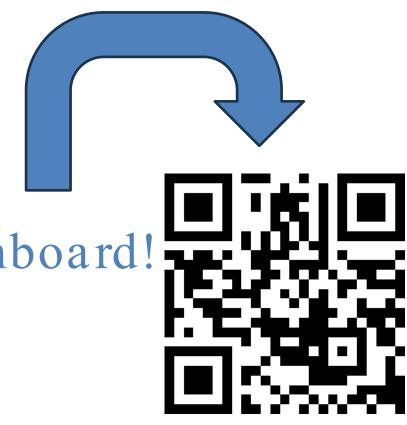
## **UPMC HEALTH PLAN**



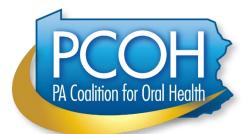


### First 5 minutes...

- Name, Organization
- If you could be a musical instrument, what would you like to be and why?



Jamboard



Let's hear from:

Pennsylvania Department of Health Dr. Jonise McDaniel, Pennsylvania Public Health Dental Director



## Oral Health in Pennsylvania Dr. Jonise McDaniel Public Health Dental Director

November 17, 2023





- Overview of the State Oral Health Program •
- Significance of Oral Health •
- Oral Health Landscape in PA •
- PA Oral Health Plan 2020-2030 •
- Upcoming Projects •



### **Oral Health Program**

Dr. Jonise McDaniel Jan Michele Miller, MA, CPH Sarah Welch, MPH

### Consultants

Dr. Andrea Abbott, Grant Evaluator Dr. Harry Goodman, Dental Consultant

### **Key Partner**

Pennsylvania Coalition for Oral Health



### Why Is Oral Health So Important?

# Oral health is a window to overall health.

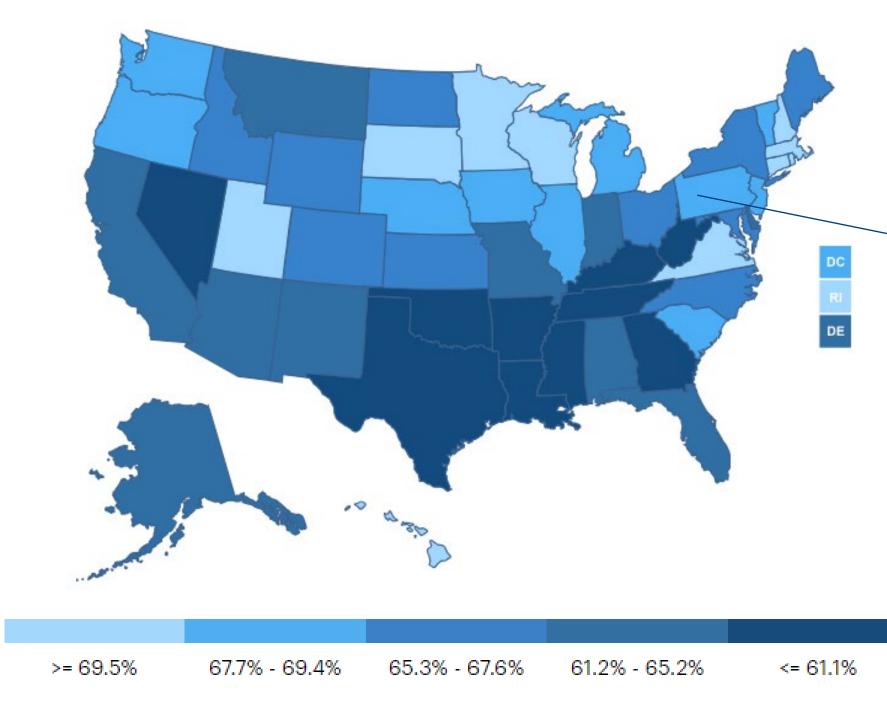
Conditions that are linked to oral health:

- Endocarditis
- Cardiovascular disease
- Pregnancy and birth complications
- Pneumonia



### America's Health Rankings – How does Pennsylvania compare?

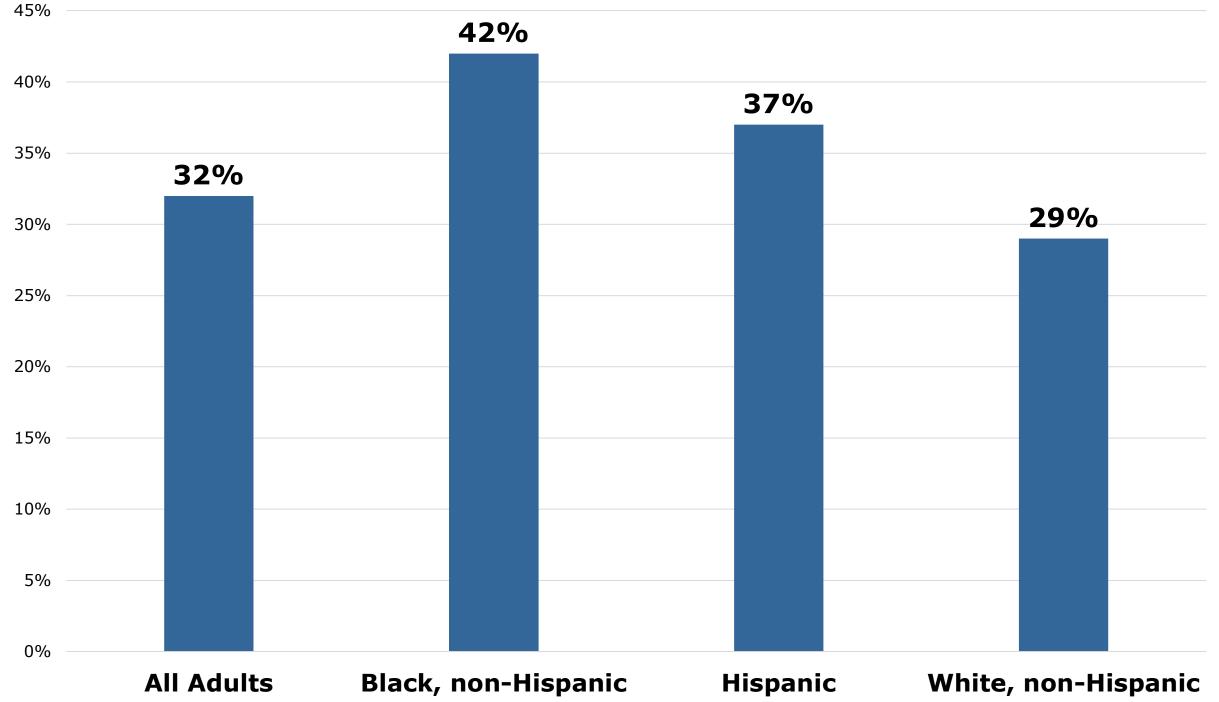
Percentage of adults who reported visiting the dentist or dental clinic within the past year (2020)







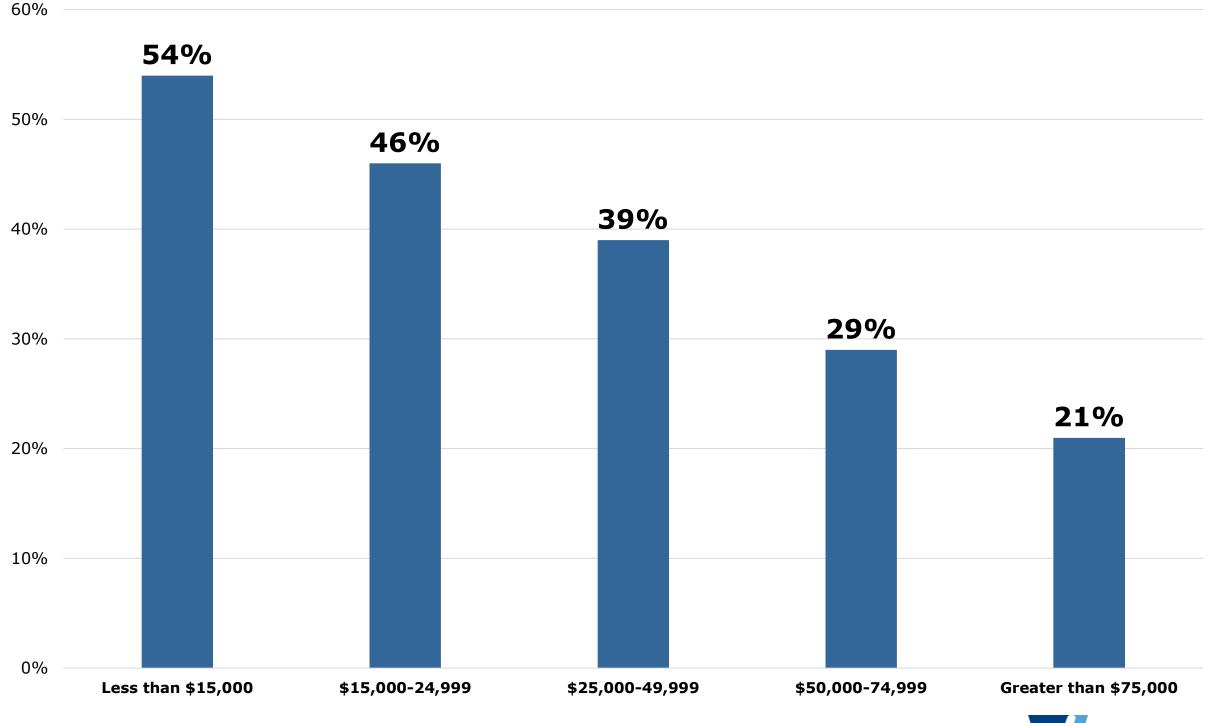
### Did not visit a dentist in the past year (Race/Ethnicity)(2020)



https://www.phaim1.health.pa.gov/EDD/WebForms/BRFSSstate.aspx



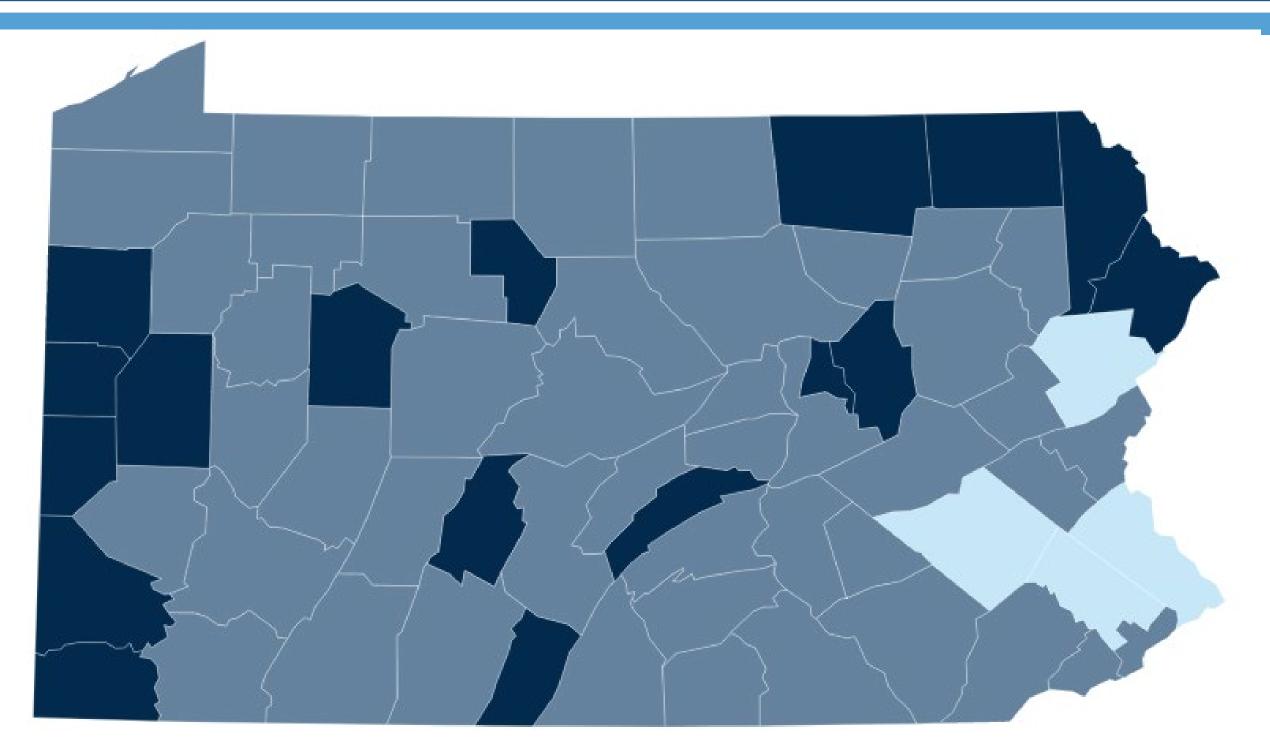




### https://www.phaim1.health.pa.gov/EDD/WebForms/BRFSSstate.aspx



### Dental Health Professional Shortage Areas-2023 (Dental-HPSAs)





### https://www.ruralhealthinfo.org/charts/9?state=PA





Measurable Outcomes	2020	2021	2022
Increase preventive oral health care for pregnant women (PRAMS)	43.8 %	45.2%	Data Pendi ng
Increase preventive oral health care for children with special health care needs (DHS Medicaid data)	32.3 %	35.8%	Data Pendi ng
Reduce incidence of tooth loss in seniors	70.0 %	N/A	Data Pendi

### Pennsylvania Oral Health Plan

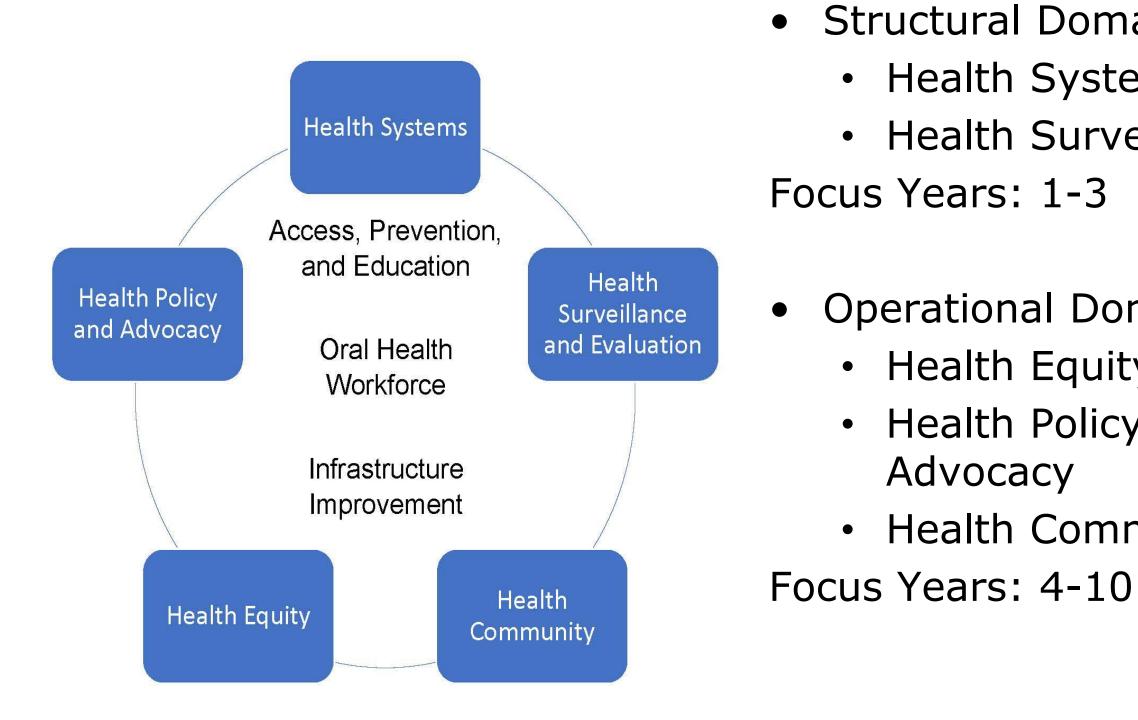


https://www.health.pa.gov/topics/Documents/Programs/Pen nsylvania%20Oral%20Health%20Plan%202020-2030.pdf PA Oral Health Plan identified three priority areas:

- Improving access to dental care, preventive services and health literacy;
- Increasing oral health work force; and
- Improving oral health infrastructure.



### State Oral Health Plan Framework



- Structural Domains: • Health Systems
  - Health Surveillance
  - **Operational Domains:**
  - Health Equity
  - Health Policy and
    - Advocacy
  - Health Community



### OVERARCHING GOAL: Enhance the overall health of all Pennsylvanians through improved oral health.

Access, Prevention and Education

Oral Health Workforce Decrease barriers to accessing dental care Increase preventive services across populations

Improve the oral health literacy of healthcare providers and the general public

Build a sufficient, diverse and competent oral health workforce

Infrastructure

Maintain a strong oral health program infrastructure to sustain proper state oral health surveillance

## rall health of all oral health. tal care

22 Measurable Outcomes



### 2023 – 2024 Action Steps

- Reduce total health care costs through policies and advocacy that enhance access to oral disease prevention and treatment services.
- Initiate policy(ies) to expand the oral health workforce in ulletvenues serving underserved populations to provide more opportunities for access to treatment, prevention and education services.
- Reduce oral health disparities according to race, income, ethnicity age, geographic residence, disability status and education levels.



### 2023 – 2024 Action Steps (Continued)

- Initiate a policy on Medicaid reimbursement for community health workers (and similar groups) for home visiting, education services, and appropriate referral to dental homes.
- Advocate for mandated and increased level funding for the Medicaid fee schedule.
- Identify and support pipeline program development to • ensure a competent and diverse future oral health workforce.
- Secure state and federal funding to implement, administer, and operate statewide dental public health programs designed to enhance oral health equity.



- Infuse equity into dental school curriculum.  $\bullet$
- Community-based prevention and dental health certified community health ulletworkers.
- Promote oral health integration with pediatric telemedicine.  $\bullet$
- Create a multisector oral health workforce community of practice.  $\bullet$



### Centers for Disease Control and Prevention (CDC) Projects

- Pennsylvania School-Based Dental Sealant Program. ullet
- Community Water Fluoridation Communication Campaigns. •
- Community Water Fluoridation Equipment Grants. ullet
- Basic Screening Survey Project 2021-2022 School Year. ullet





- New CDC Grant to State Oral Health Program forecasted Notice of Funding  $\bullet$ Opportunity.
- Program and Agency Collaborations.  $\bullet$
- New Oral Health Program webpage on Department of Health website. lacksquare



### Call to Action

• Advocacy

• Education

• Stakeholder Engagement





## Dr. Jonise McDaniel Public Health Dental Director <u>c-jmcdanie@pa.gov</u>



Let's hear from:

Pennsylvania Department of Human Services Dr. Shahram (Sean) Shamloo, Chief Dental Officer Dr. David Kelley, Chief Medical Officer



**Presentation #5** Let's hear from:

Amanda Taylor Gehman Making the Invisible, Visible in Oral Health





# Making the Invisible Visible in Oral Health

Amanda Taylor Gehman, MPH

Program Manager, Pennsylvania Area Health Education Center (PA AHEC) and its PA Training Center for Health Equity

## Disclosure

- This project is funded, in part, under a Grant with the Pennsylvania Department of Health. Basic data for use in this study were supplied by the Pennsylvania Department of Health, Harrisburg, Pennsylvania. The department takes no part in and is in no way responsible for any analyses, interpretations, or conclusions.
- The speaker has no financial relationships to disclose relevant to this presentation.



## Objectives

• Objective 1: Recognize key principles of health equity decision-making

• Objective 2: Examine how data can help make health disparities visible in PA



## Health Equity

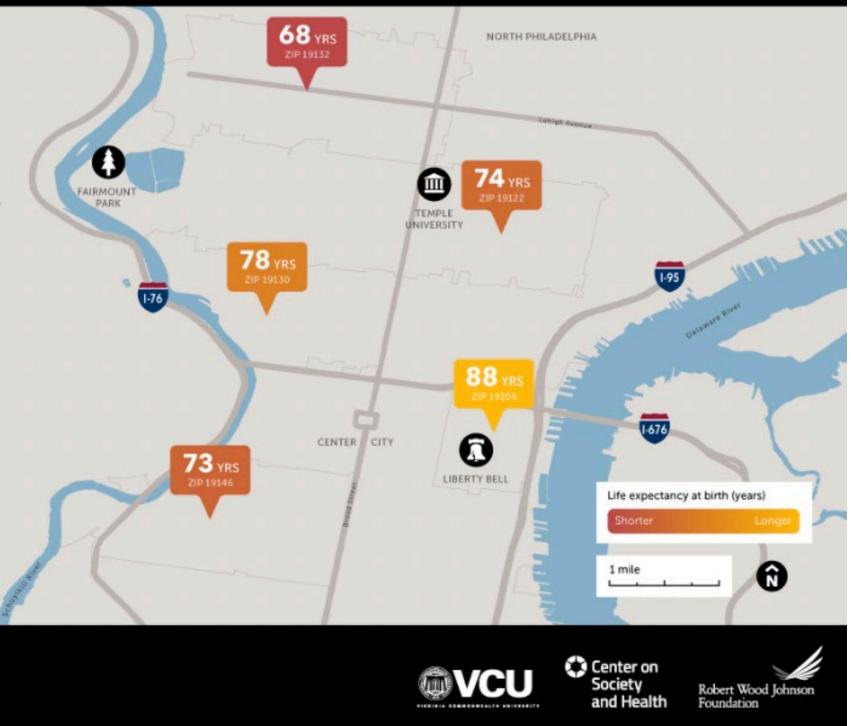
- Complete the following sentence:
  - Regarding oral health, people ought to have \_\_\_\_\_



## Making the Invisible Visible...Through Data

PHILADELPHIA, PENNSYLVANIA

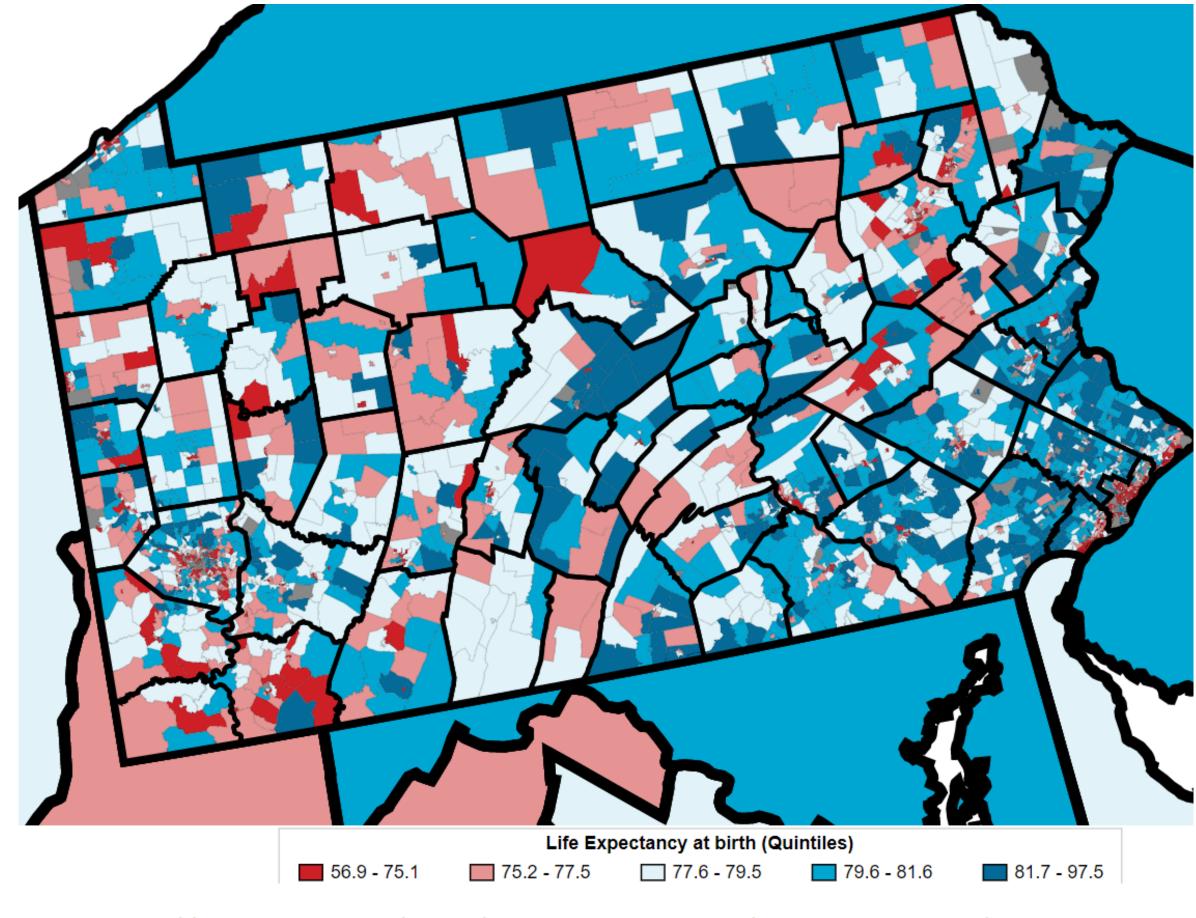
### Short Distances to Large Gaps in Health





Follow the discussion

### #CloseHealthGaps



https://www.cdc.gov/nchs/data-visualization/life-expectancy/index.html

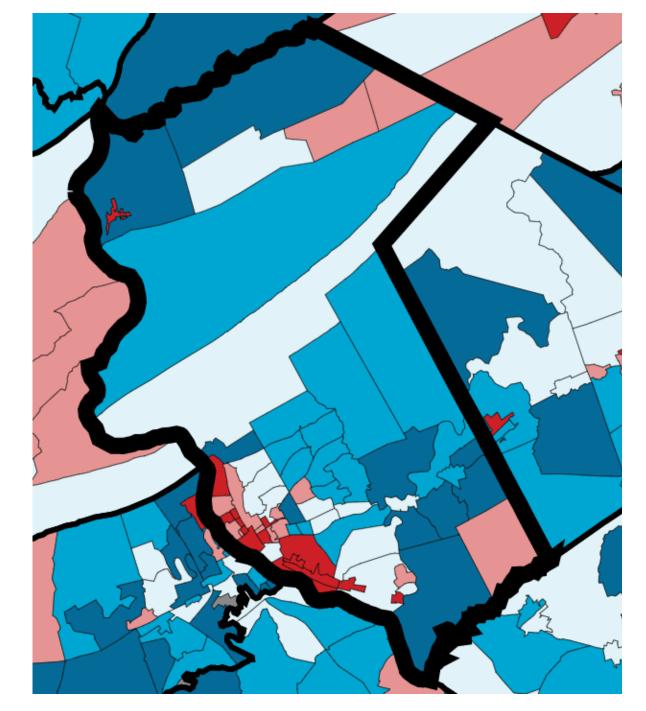


## Health Disparities in our Community: Dauphin County, PA

- Best life expectancy: 84.7 years
  - (similar to Japan, best in the world)
- Worst life expectancy: 67.2 years
  - (similar to Pakistan and Ethiopia)

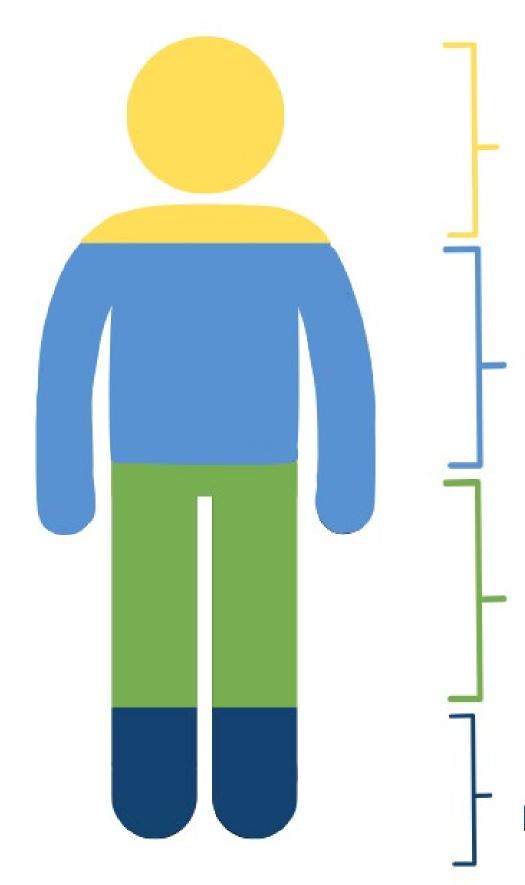


https://www.cdc.gov/nchs/data-visualization/life-expectancy/index.html





Factors that impact overall health outcomes and quality of life.





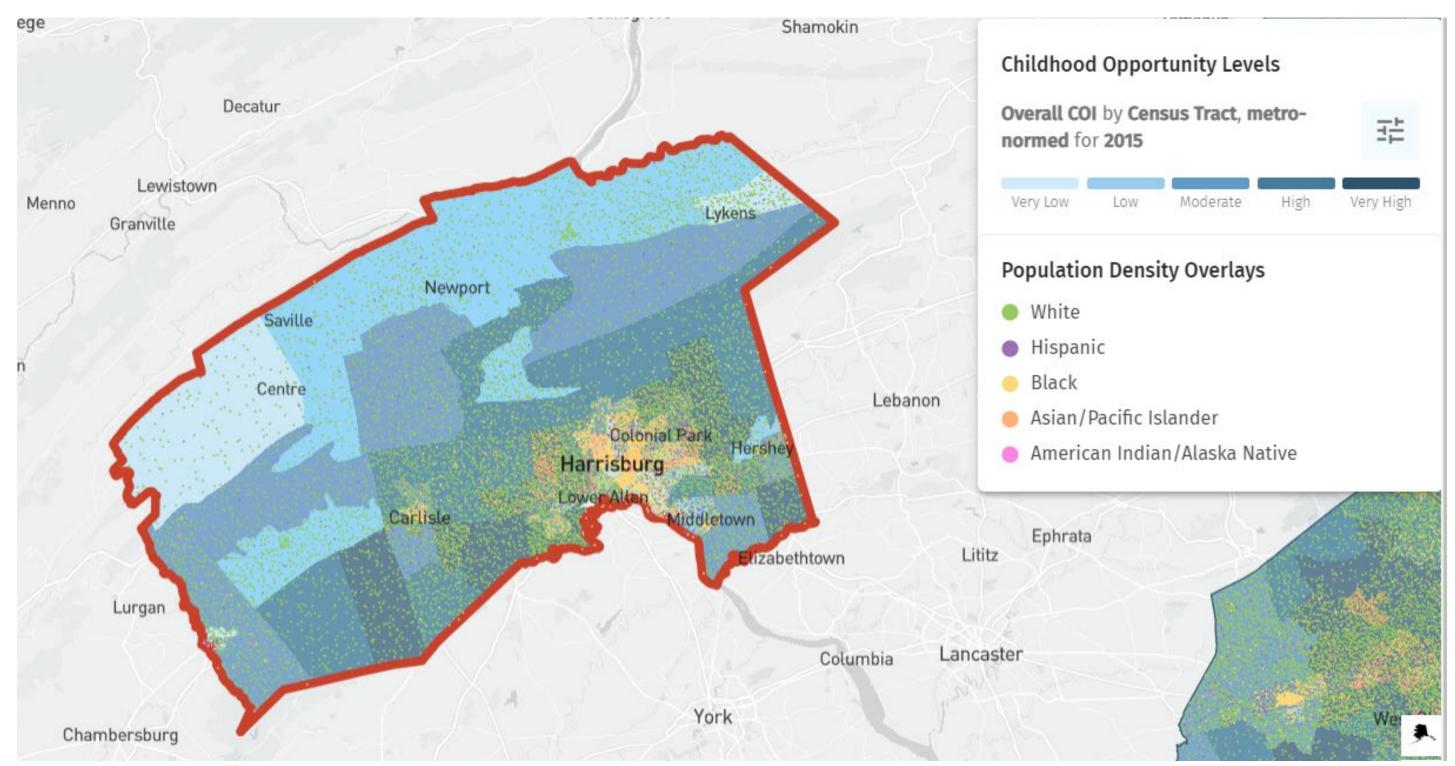
### **Clinical Care - 20%**

### Social & Economic Factors - 40%

### Health Behaviors - 30%

### Physical Environment - 10%

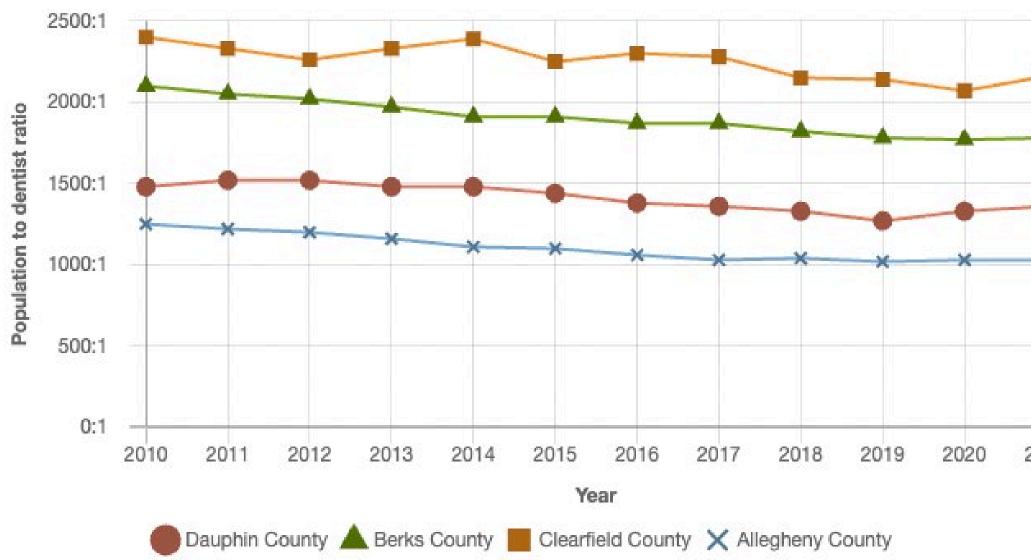
## Child Opportunity Index



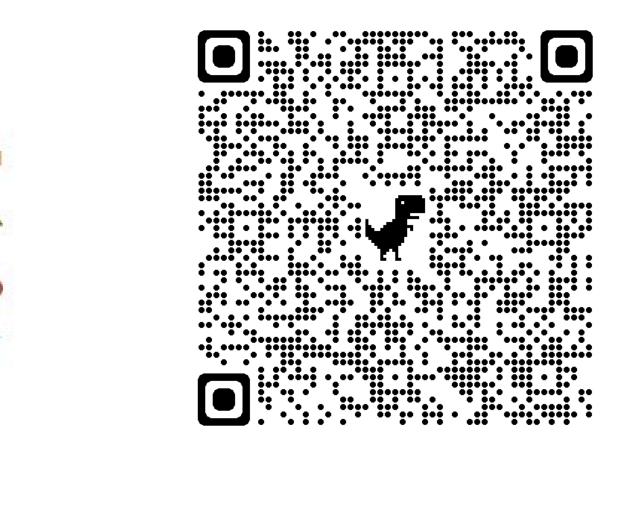


	Dauphin,	Berks,	Clearfield,	Allegheny,
	PA	PA	PA	PA
$\sim$	1,360:1	1,780:1	2,160:1	1,030:1

### Trends in Dentists in selected places





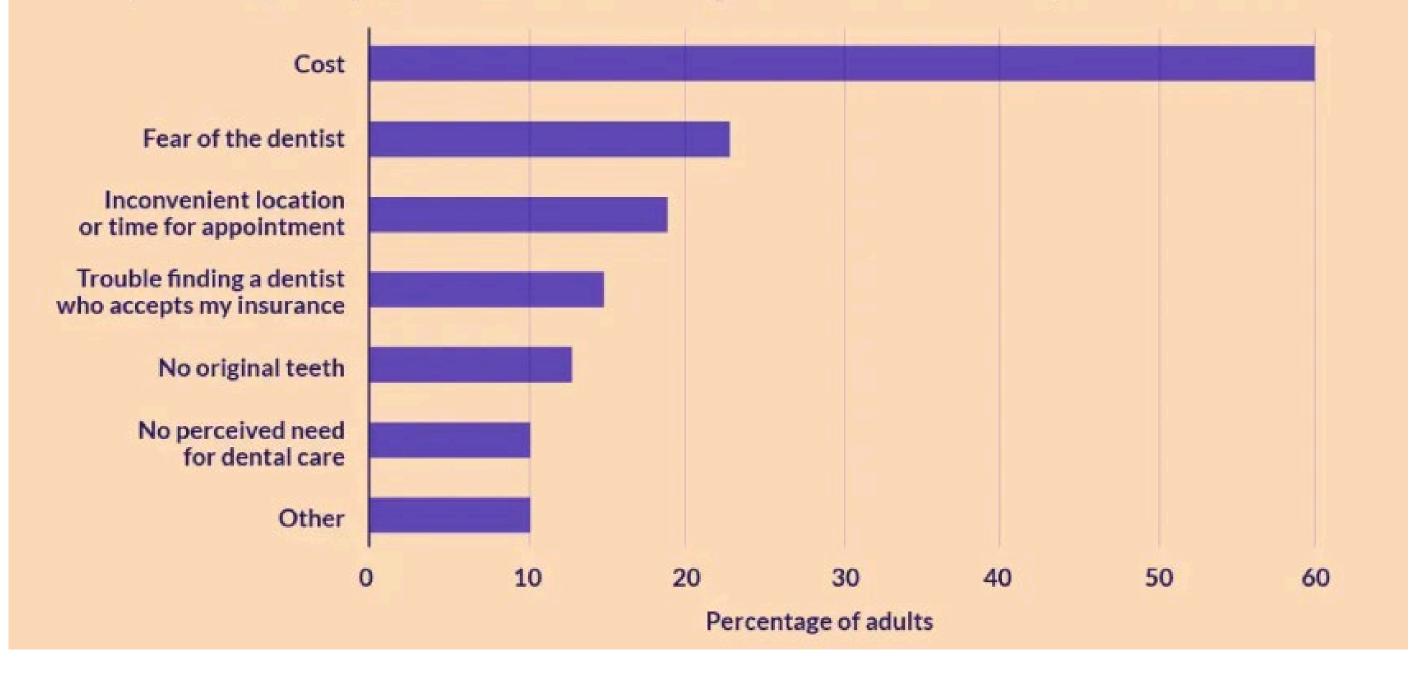


2021

^

### Cost is the most common reason for not visiting the dentist

Top reasons given by 14,962 adults for not having visited the dentist in the past 12 months, 2015





### Figure 2. Dental visits in the past year among adults aged 18–64, by percentage of federal poverty level: United States, 2009–2019

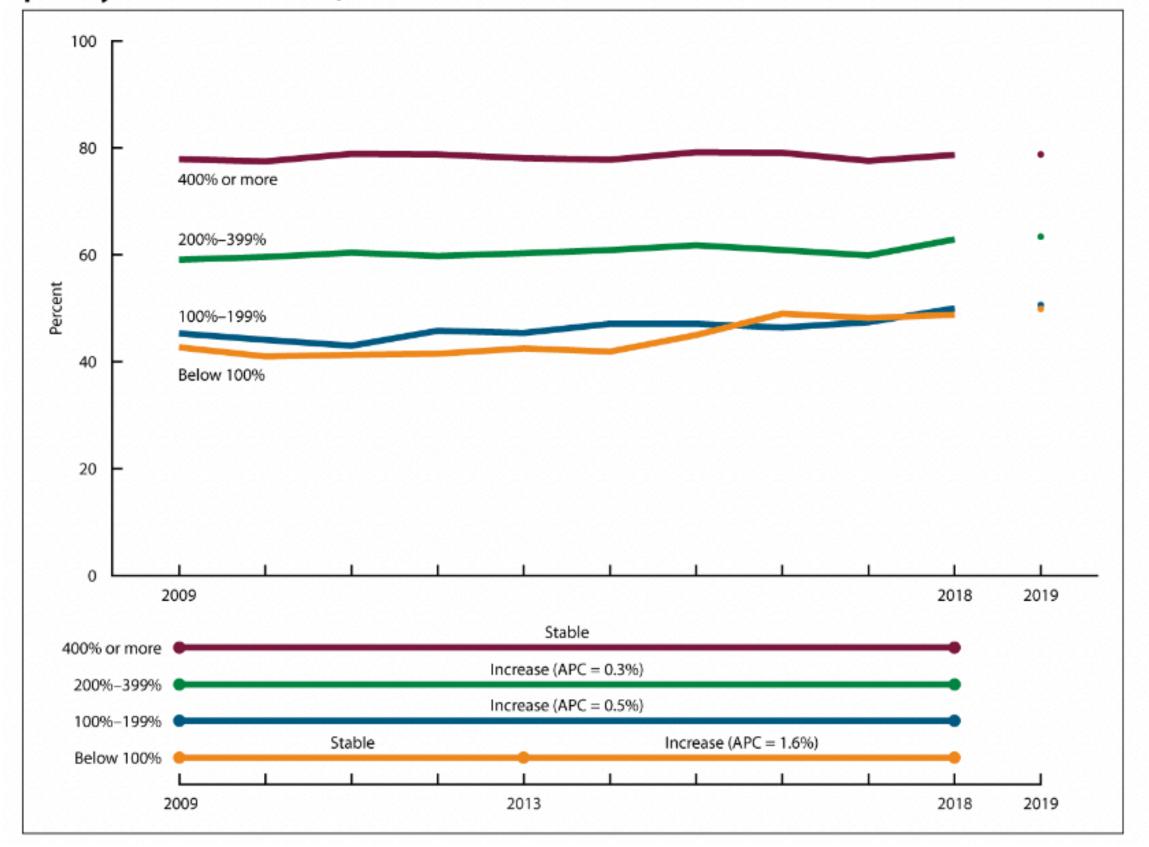
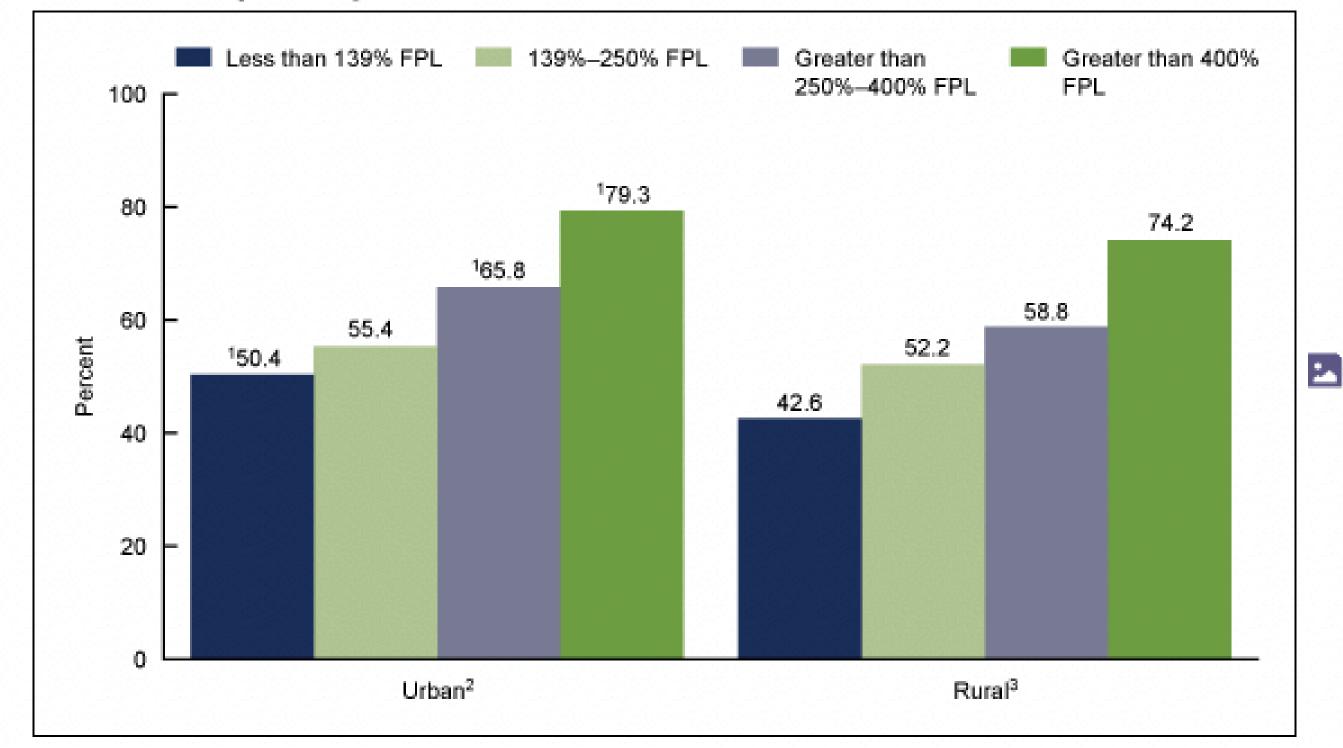




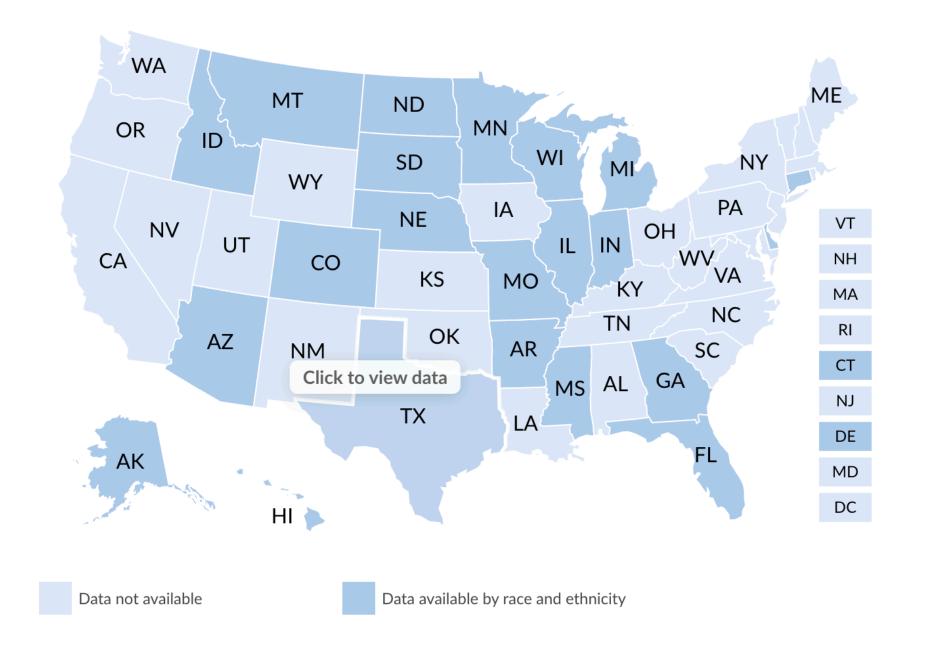
Figure 4. Percentage of adults aged 18–64 with a dental visit in the past 12 months, by urbanicity and family income as a percentage of the federal poverty level: United States, 2019





## **Data Challenges**

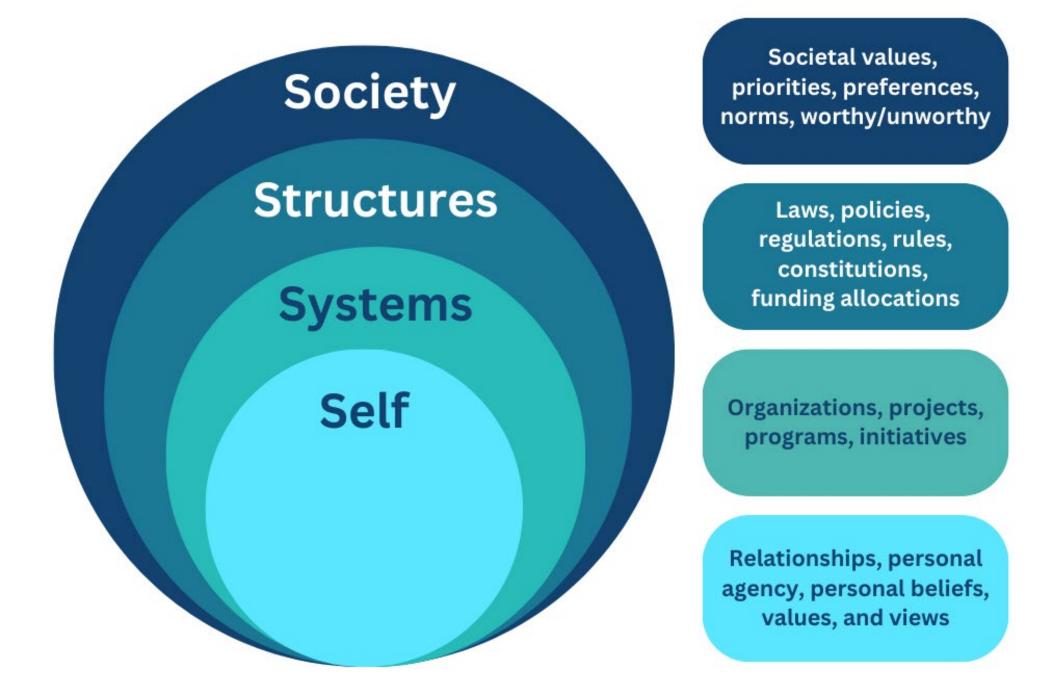
### **Tooth Decay Among Third-Graders in 22 States**



### Without data, it is hard to identify or address health disparities



## 4 S Model of Health Equity Decision-Making





## Health Equity Decision-Making must occur at every level.

## Principles of Health Equity Decision-Making



### Make a commitment to health equity.





### Design and build *with* vulnerable groups in mind and with their input

٥



Identify vulnerable groups upfront

Invest in health equity, allocating resources proportionate to need

## Additional Resources:

Equity begins with an ethical orientation: each person is valued.

- "The idea <u>that some lives matter less</u> is the root of all that is wrong with the world."
- Paul Farmer



### *h person is valued.* t of all that is wrong

## Additional Resources:

- www.paahec.org
  - Programs -> PA Training Center for Health Equity (or use QR code below)
- An introduction to health equity:
  - Health disparities overview
  - Root causes of health inequities
  - PA minority health disparities report
- Health Equity Tools and Guides:
  - Health equity tools inventory
  - Equity and empowerment lens
  - Health equity guide





## References

<u>Slide 5:</u> Mapping Life Expectancy. *Center on Society Health*, Virginia Commonwealth University. Retrieved from: <u>https://societyhealth.vcu.edu/work/the-projects/mapping-life-expectancy.html#gsc.tab=0</u>

<u>Slide 6 & 7</u>: Life Expectancy at Birth. *Centers for Disease Control and Prevention*. Retrieved from: <u>https://www.cdc.gov/nchs/data-visualization/life-expectancy/index.html</u>

<u>Slide 8:</u> County Health Rankings Model. *County Health Rankings*. Retrieved from: <u>https://www.countyhealthrankings.org/reports/2023-</u> <u>county-health-rankings-national-findings-report</u>

<u>Slide 9</u>: Childhood Opportunity Index. *Data Diversity Kids*. Retrieved from: <u>https://www.diversitydatakids.org/maps/#/explorer/tracts/0/15/10,15/b,w,hi,ap,ai/xc/m/1.0.14/40.248/-77.236/8.25/</u>

<u>Slide 10:</u> Dentists in Clinical Care by County. *County Health Rankings*. Retrieved from: <u>https://www.countyhealthrankings.org/explore-health-rankings/compare-counties?compareCounties=42043%2C42011%2C42033%2C42003&year=2023</u>

<u>Slide 11</u>: The Dental Divide: How Race and Insurance Affects Your Oral Health. *Health Match*. Retrieved from: https://healthmatch.io/blog/the-dental-divide-how-race-and-insurance-affect-your-oral-health

<u>Slide 12 & 13</u>: Centers for Disease Control and Prevention. Figure 2. Dental Visit in the past year among adults aged 18-64. Retrieved from: <u>https://www.cdc.gov/nchs/hus/topics/dental-visits.htm#explore-data</u>

<u>Slide 14</u>: Pew. 11 March, 2022. *Inequitable Access to Oral Health Care Continues to Harm Children of Color*. Retrieved from: https://www.pewtrusts.org/en/research-and-analysis/articles/2022/03/11/inequitable-access-to-oral-health-care-continues-to-harm-children-of-color



## Panel

# Shared Solutions: Breaking Down the Rural-Urban Divide in Accessing Oral Health Care

Facilitated by Dr. Sean Boynes, Harmony Health Foundation

Panelists: Dr. Kari Hexem and Dr. Laura Dimino



**Presentation #6** Let's hear from:

Jamie Santana Standing in the Gap: Community Health Workers



# "Standing in the Gap: Community Health Workers"



Jamie L. Santana, CCHW November 17, 2023





**Health Centers** 



**Community Based** Organizations (CBOs)



**Government Agencies** 



**Health Plans** 



Academic Institutes

### Agenda

- Purpose
  - -Who are Community Health Workers
  - -Why have Community Health Workers
  - -Roles and Responsibilities
- Licensed Practitioners of the Healing Arts
- Components of State Plan Amendment
- Best Practices in other states
- Resources
- Get Involved





American Public Health Association Community Health Worker (CHW) definition "A community health worker is a frontline public health worker who is a trusted member of and/or has an unusually close understanding of the community served. This trusting relationship enables the worker to serve as a liaison/link/intermediary between health/social services and the community to facilitate access to services and improve the quality and cultural competence of service delivery.

A community health worker also builds individual and community capacity by increasing health knowledge and self-sufficiency through a range of activities such as outreach, community education, informal counseling, social support and advocacy."





## Why Community Health Workers?

Represent the community served

Share "lived experience"

Improve communities

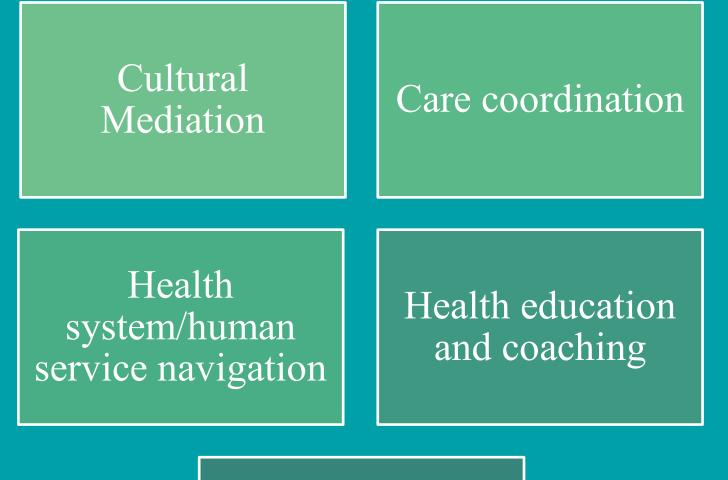
Reduce hospitalizations

Contribute to improved health outcomes

Control Medicaid spending



## Roles of Community Health Workers

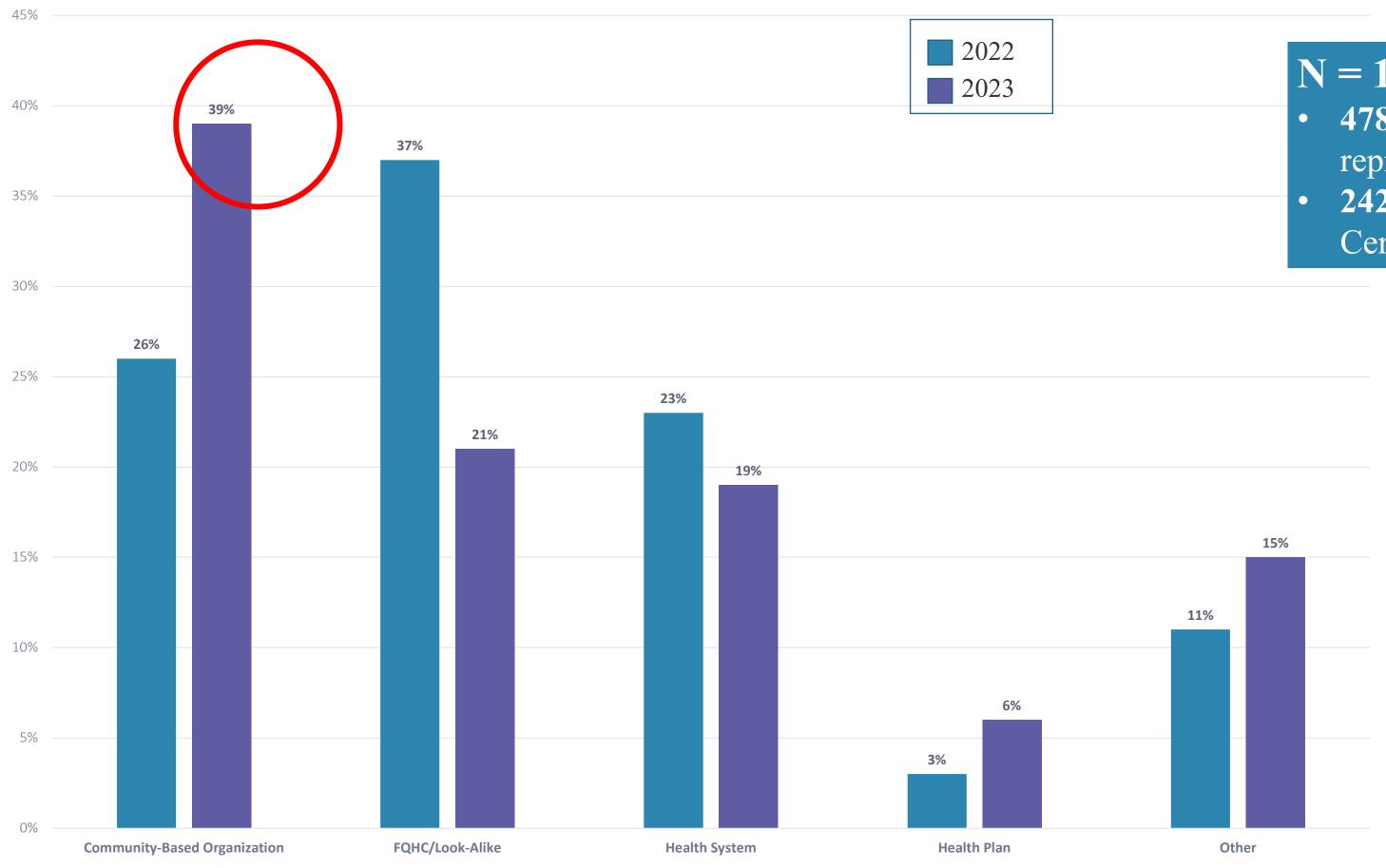


Self empowerment and social support





## PA CHW Employer Classification (2022 v. 2023)



2022
2023

### N = 100, 2023

- **478** CHWs
  - represented
- 242 of those are
  - Certified CHWs



## **Promising Practices: State Plan Amendments**

Cover a range of preventive services, populations, & qualifying conditions.

Expand definition of who orders services.



No limits on number of billable hours.



Establish an equitable billing rate & incentivize partnerships.





**Licensed Practitioners of the Healing Arts** 

LPHA-Licensed Practitioner of the Healing Arts-A person who is licensed by the Commonwealth to practice the healing arts. Pennsylvania Regulations Pa. Code § 5200.3

### **Includes:**

- Physician
- Physician assistant (PA-C)
- Certified registered nurse practitioner (CRNP)
- Licensed clinical social worker (LCSW)
- Licensed marriage and family therapist •
- Licensed professional counselor (LPC)
- Psychologist

### **Proposed additions:**

Licensed Social Workers (LSW) Dentists Pharmacists

Nurses



## Path to Medicaid Reimbursement

## **April 2024**

Draft language for PA Health Choices contract will be submitted

X —

## Fall 2023

Finalize language and recommendations to include in the State Plan Amendment; Meet regularly with DHS

## June to September 2024

July 2024 - PA Health Choices contract finalized

Q3: Draft language to be submitted to CMS for approval

## January 2025 State Plan Amendment takes affect



**Best Practices** 

Minnesota CHW Solutions https://chwsolutions.com/

Rhode Island RIPIN – Rhode Island Parent Information Network <u>https://ripin.org/</u>

## South Dakota

Community Health Worker Collaborative of South Dakota <a href="https://chwsd.org/">https://chwsd.org/</a>



## Resources

# Community Health Worker (CHW) Toolkit A GUIDE FOR EMPLOYERS <a href="https://communityhealthalignment.org/chw-toolkit/">https://communityhealthalignment.org/chw-toolkit/</a>

National Association of Community Health Workers- Sustainable Financing of CHW Employment <a href="https://nachw.org/wp-content/uploads/2020/10/SustainableFinancingReportOctober2020.pdf">https://nachw.org/wp-content/uploads/2020/10/SustainableFinancingReportOctober2020.pdf</a>

NACHW- CHW Document Resource Center <u>https://nachw.org/chw-document-resource-center/</u>

PA CHW Collaborative <u>https://www.pachw.org/</u> for main page and <u>https://www.pachw.org/sustainability</u> for Advocacy and Sustainability

A CHW Tool kit has been created and can be shared. To learn more about it, please reach out to Heather Emanuele <u>Heather.Sims@AHN.ORG</u>



# PODCCLOBOCCNW COLLOBOCOTIVE

# Getting involved through the Collaborative

**PA CHW Taskforce-** has several subcommittee; Self-Care Training, Bilingual Trainings, Barriers to Resources, Advancement & Advocacy Opportunities, and CHW Supervisors. Others can be created. Contact: Diamond Poyer <u>Diamond.Poyer@Temple.edu</u>

**PA CHW Collaborative Sustainable Financing group-** working on State Plan Amendment and other initiatives Contact: Kristin Lazzara Kristin.Lazzara@AHN.ORG and Leanna Bird <u>Leanna.Bird@AHN.ORG</u> from Allegheny Health Network Center for Inclusion Health

**Legislative Outreach Group** 

Contact: David Wiles <u>dwiles@cornerstonecare.com</u> Cornerstone Care Community Health Center of Clairton

**PA CHW Association-** this is for CHWs only Contact: Jamie Santana Jamie.Santana@valleyhealthpartners.org

1. How can PA oral health champions best utilize Community Health Workers (CHWs) in advancing health equity?

2. What types of tools would be helpful in initiating the use of CHW in your community?





Presentation #7 Let's hear from:

Jacqueline Pugliese An Assessment of Pennsylvania School-Based **Oral Health Programs** 



# AN ASSESSMENT OF PENNSYLVANIA SCHOOL-BASED ORAL HEALTH PROGRAMS

Jacqueline Pugliese, RDH, BS, MPH

## PUBLIC HEALTH PROBLEM

- Childhood dental decay/caries is the most common childhood disease - significant public health problem in the USA
- Over 50% of children have decay
- Oral health impacts a child's physical, social, emotional wellbeing
- Health inequities preventing proper oral health care
  - Transportation, provider locations, lack of providers, cost, time, socioeconomics

## PURPOSE

 To examine the impact school-based oral health programs have on children's oral health in Pennsylvania

# OBJECTIVE

- Identify best practice models to reduce childhood decay utilizing school populations
- Show effectiveness of current school-based oral health programs
- Improve and increase school-based oral health programs through proper workforce utilization and Medicaid billing for sustainability

## BACKGROUND

- PA mandates dental examinations in K/1<sup>st</sup>, 3<sup>rd</sup> and 7<sup>th</sup> grade - DOH PA Code 23.3
  - Fulfilled by mandated dental program, dental hygiene services program or private dentist
- Public Health Dental Hygiene Practitioner (PHDHP) - Dental hygienist with additional certification
- Certified School Dental Hygienist (CSDH) - Dental hygienist with additional certification as an educational specialist

## SCHOOL-BASED/SCHOOL-LINKED PROGRAMS

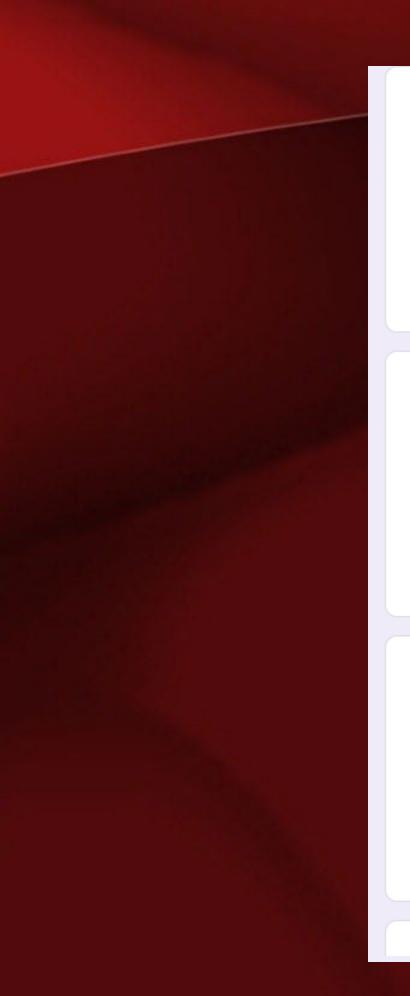
- Health care providers may offer services for students on campus (school-based) or affiliated with a school community (school-linked)
- The National Assembly on School-Based Health Care (www.nasbhc.org) found nearly 2,000 school-based healthcare centers (SBHC) in the US

## STATE/FEDERAL ORAL HEALTH OBJECTIVES

- Pennsylvania Oral Health Plan 2020-2030
  - Mission: to promote oral health
  - Evaluates how to improve access to oral health care for children
- Healthy People 2030
  - 5 of the 15 oral health related objectives pertain directly to this assessment

# METHODS

- Systematic review of MEDLINE/PubMed database
  - Keywords: school-based oral health programs, children's oral health, school health services, children's health promotion, adolescent oral health
  - Dates from 2010-2023
- Informational survey sent to 50 Certified School Dental Hygienist (24 responses)
- Insight Interviews/collaborations
  - Helen Hawkey (PCOH)
  - Julie Cousler Emig (PA School-Based Health Alliance)
  - Matt Crespin (Children's Health Alliance of Wisconsin)



## Do you currently practice as a CSDH? $^{\star}$

O Yes

O No

Do you have a Public Health Dental Hygiene Practitioner (PHDHP) certification? \*

🔵 Yes

O No

Do you also practice in clinical dental hygiene? \*

🔿 Yes

O No

## FINDINGS

## Aligning services

- 100% of CSDHs provide oral health education
- 16.7% provide sealants •
- 16.7% provide prophylaxis (cleanings)
- 37.5% provide fluoride
- 4.2% provide silver diamine fluoride •
- 87.5% follow up with child when referred for • further care

Data confirmed as of April 2023

## BENEFITS OF BSS DATA

Sample Oral Health Screening Form/School Children					
Screen Date:	School Code:		Screener's Initials:		
ID Number:	Grade:		Age:		
Gender: Male	Race/Ethnicity:	<ul> <li>White</li> <li>Black/AA</li> <li>Hispanic</li> <li>Asian</li> </ul>	<ul> <li>American Indian</li> <li>Pacific Islander</li> <li>Multi-Racial</li> <li>Unknown</li> </ul>		
Untreated Decay: No		Treated Dec	ay: 🔲 No 🔲 Yes		
Sealants Perm Molars: INo		Treatment U	rgency: None Early Urgent		
Comments:					

## BENEFITS OF BSS DATA

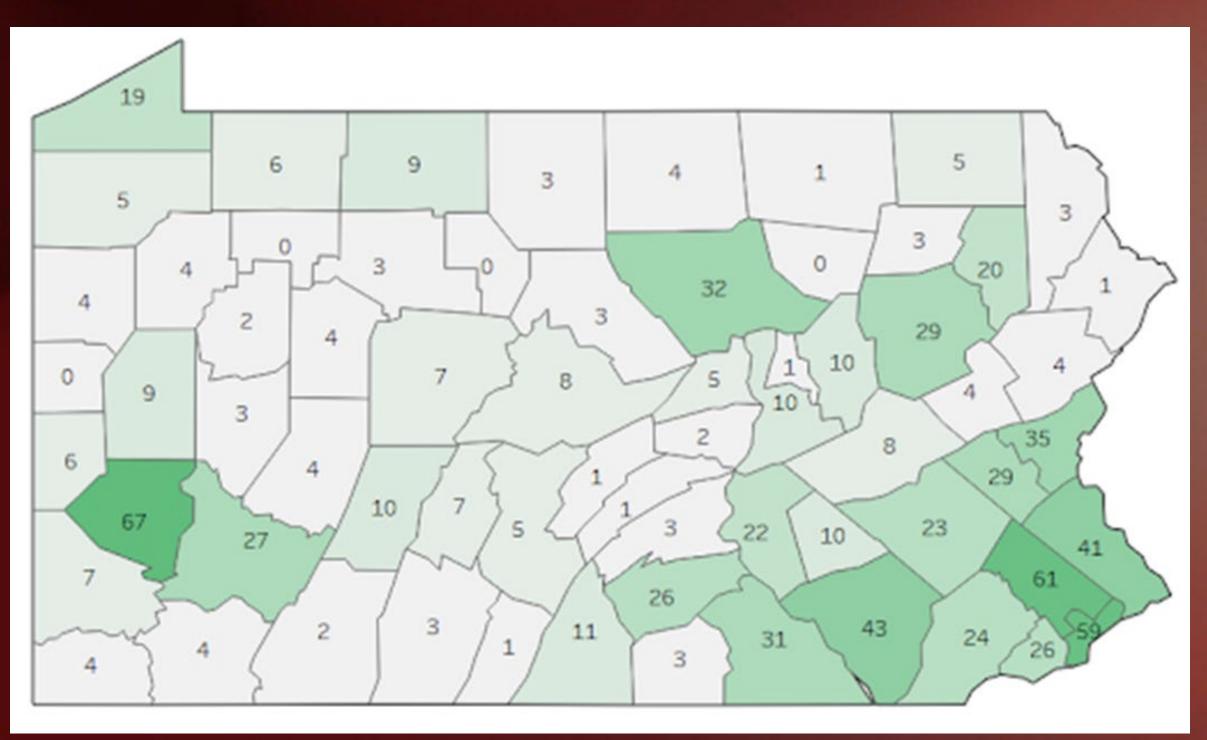
## Oral Health Indicators by Race/Ethnicity in Third Grade Students, PA, 2021 - 2022

Race/Ethnicity	Caries	Treated Decay	Untreated Decay	Urgent Treatment Need	Sealed Permanent Molars
White	56.9%	24.1%	46.1%	5.5%	38.5%
Black	65.1%	32.5%	50.9%	32.9%	30.8%
Hispanic	65.8%	27.8%	52.3%	27.5%	33.1%
Asian	66.2%	26.1%	56.7%	26.6%	26.0%
Multi-racial	64.5%	25.4%	54.1%	24.9%	41.9%

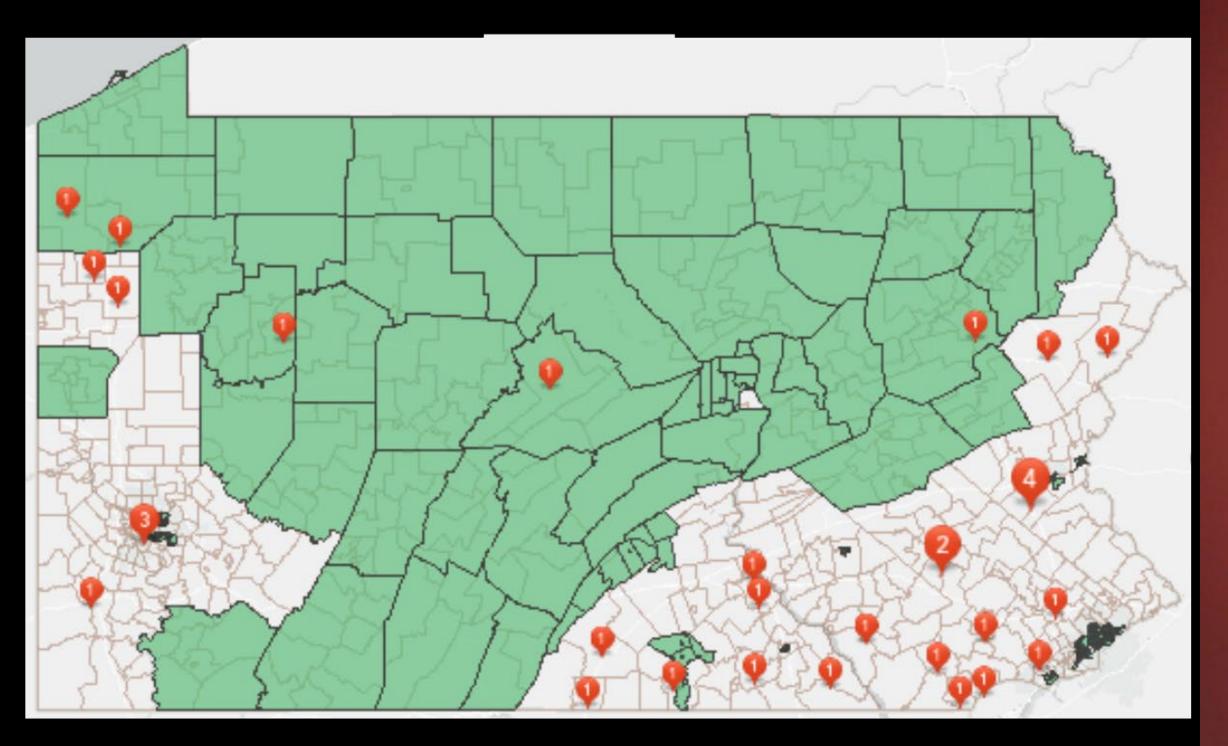
# HB1478 UPDATE!!

As of October 30th, the House of Representatives voted unanimously for HB1478 to allow PHDHPs to perform the mandated dental screenings in school. The bill now sits in the Senate Education Committee.

## PUBLIC HEALTH DENTAL HYGIENE PRACTITIONERS



 Map shows distribution of the 787 Public Health Dental Hygiene Practitioners



## 67 counties, 500 school districts are shown on this map

- 53 counties considered dental provider shortage areas (seen in green)
- 27 school districts utilize CSDHs
- 31 school-based health centers (www.psbha.org)
  8-10 provide oral health services

Data confirmed as of April 2023

## FUNDING

 Medicaid reimbursement - Only 50% of children served by Medicaid had a dental visit in 2021

Medicaid

## Successful models seen in 19 other states that allow DH to be reimbursed by



Data confirmed as of April 2023

## PENNSYLVANIA'S SC SEALANT PROGRA

## 2020-2025

- 5,000 children receive sealants
- First 3 years = 2,433 children

2020-2030 PA Oral Health Plan Goal of 122 programs by 2030

## National Benchmark

- 25% of high-need schools
- 1,501 total = 375 schools

Participation in Program

- Data collection (SEALS)
- Participation in SSP work group through PCOH
- Comply with PA SSP Manual / SEALS Manual

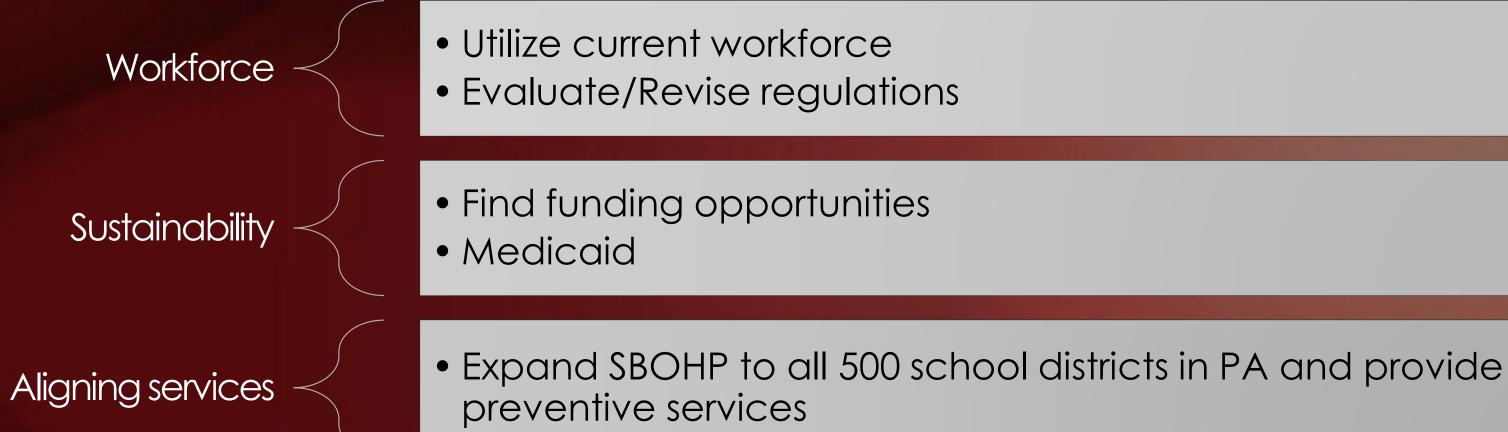
HC AM	DOL
D	91 schools (2022-2023) • 75 schools were "high-need"

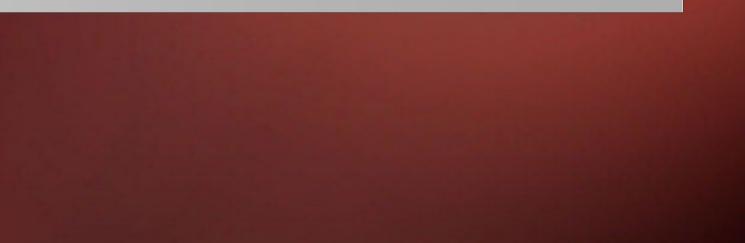
## p through PCOH / SEALS Manual

# DISSEMINATION

- PA mandated oral health examinations alone will not address the significant public health need of childhood dental decay
- SBOHPs can decrease health inequities
- Allow PHDHPs to practice within their full scope of practice
- Allow schools to bill Medicaid for oral health services.
  - Successfully billing other health services
  - Results in sustainable programs and potentially improve current programs in addition to increase programs statewide (as seen in Wisconsin)

# CALL TO ACTION





## RESOURCES

The National Maternal and Child Oral Health Resource Center (OHRC) produced <u>Promoting</u> <u>Oral Health in Schools:</u> <u>A Resource Guide</u>

## Pennsylvania Coalition for Oral Health

Association of State & Territorial Dental Directors <u>Best Practice</u> <u>Approach: School-</u> <u>Based Dental Sealant</u> <u>Programs</u>

# THANK YOU

References available upon request

# **CONTACT INFORMATION**

Jacqueline Pugliese, RDH, BS, MPH

JPuglieseRDH@gmail.com

#7 Discussion Questions

1. Are Certified School Dental Hygienists (CSDHs) a good solution? How can we encourage more school districts to invest in CSDHs?

2. In comparing some of the options for school-based health care, how do mobile units fit in?



## Panel

Addressing Workforce Challenges **Through Dental Education: From Pipeline** to Practice

Facilitated by Dr. Joseph Greenberg

Panelists: Dr. Joan Gluch, Dr. Amid Ismail, Ashleigh Osborne, Dr. Michael Verber, and Kelly Wagner





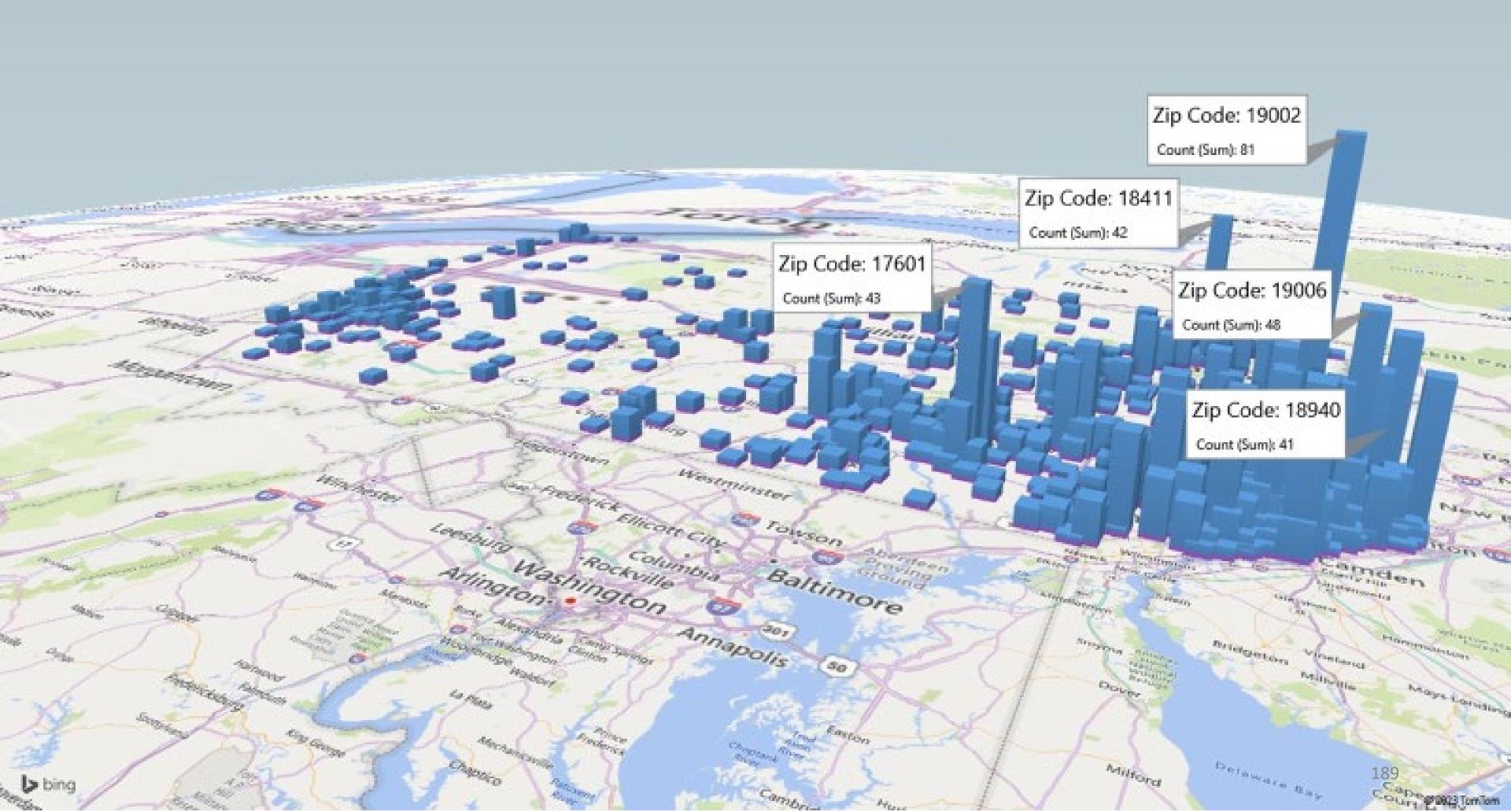
# Understanding the Access to Dental Care Problem



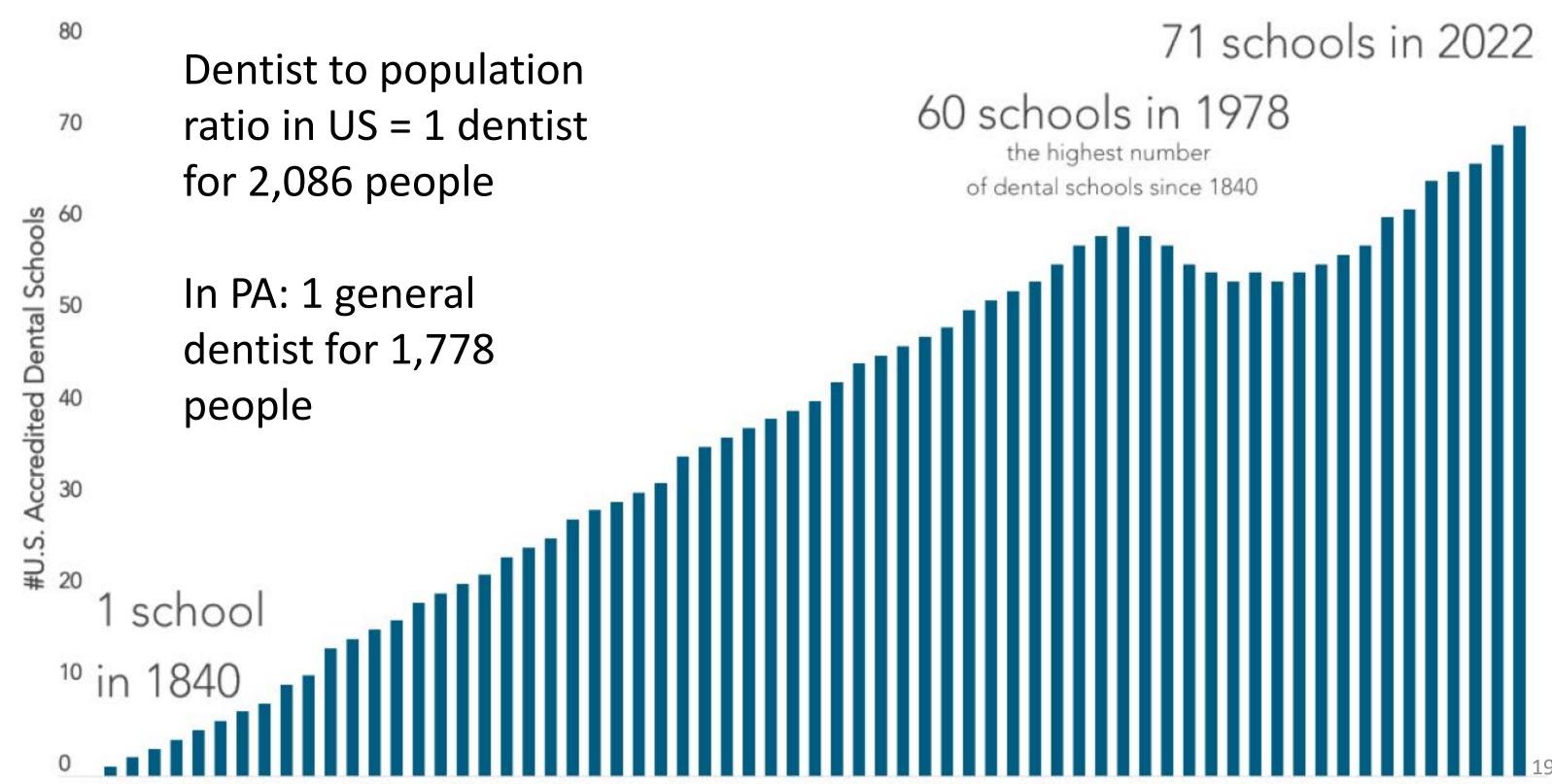


## Amid Ismail

Dean and Laura Carnell Professor Kornberg School of Dentistry



# Setting the Stage: Count of Accredited U.S. Dental Schools, 1840–2022



# Support from the Commonwealth of Pennsylvania

	2020	2021	2022	2023	2024
Budget	\$53,935,726	\$54,794,137	\$56,262,484	\$61,349,428	\$64,679,095
Subvention **	\$1,160,317	(\$315 <i>,</i> 889)	(\$787,239)	(\$1,258,589)	(\$1,749,575)
	2%	-1%	-1%	-2%	-3%

AMA Journal of Ethics<sup>®</sup>, January 2022, Volume 24, Number 1: E73-79 HISTORY OF MEDICINE: PEER-REVIEWED ARTICLE Eight Ways to Mitigate US Rural Health Inequity. Jo Henderson-Frost, MD, MPH and Mark Deutchman, MD.

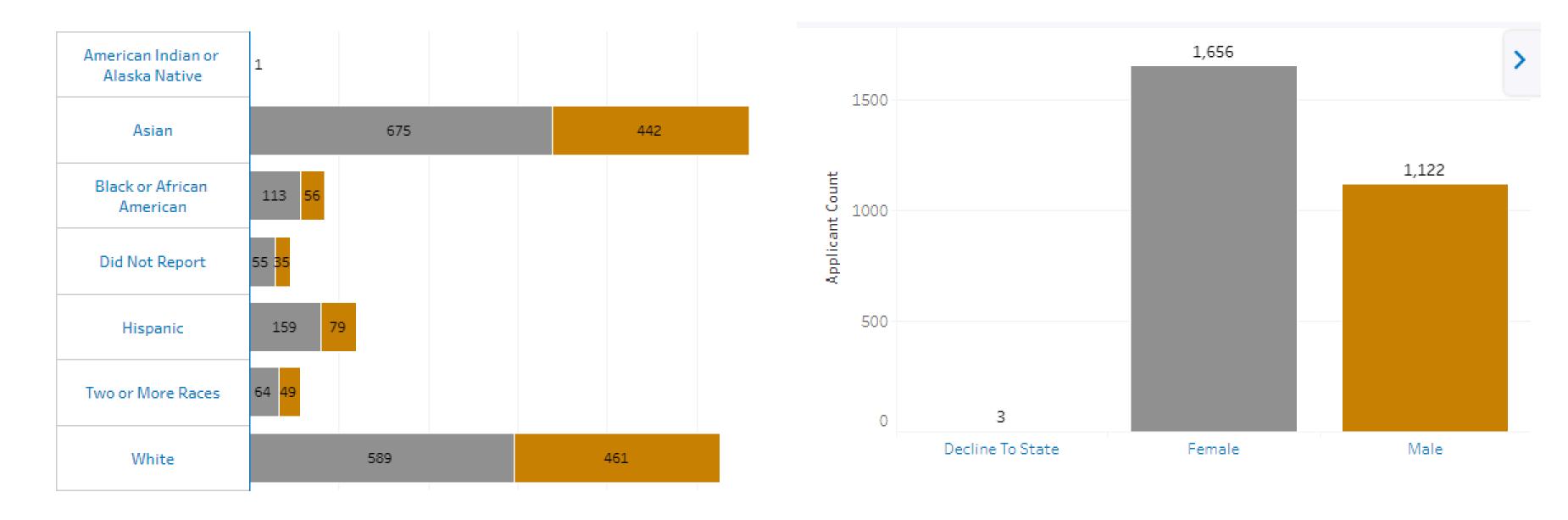
• Most dentists are located in urban areas; only 14% of dentists practice in rural areas where 20% of the US population resides. Of those 14%, the majority practice in large rural areas compared to small or isolated areas. Although the supply of dentists increased nationally by about 9.7% between 2008 and 2015, with both urban and rural locations sharing in the per-capita gain, between 2015 and 2018, the per-capita gain has been entirely in urban locations (B. Munson, Health Policy Institute, Oral communication, July 2019). Private practice dentists are more likely to locate in larger communities and communities with higher-income levels.

# **Temple Dental Admission Process**

- 140 seats (Predoctoral DMD) amongst a large pool of applicants
- 10 seats Advanced Standing DMD
- Qualified candidates selected to interview
  - Academic benchmarks (Sci GPA, DAT scores)
  - Non-cognitive success indicators (life experiences, resilience, communication, community service, passion)
  - Standardized ethical test (CASPER)
- Admissions committee selects best fit that meet criteria
  - Holistic review

# Temple Dental Admission Process

Applicant by Ethnicity and Legal Gender 2022-23 Cycle



# Pennsylvania Applicants

# To clear all filters and revert to the map's default view, click Clear Filters. 1

52

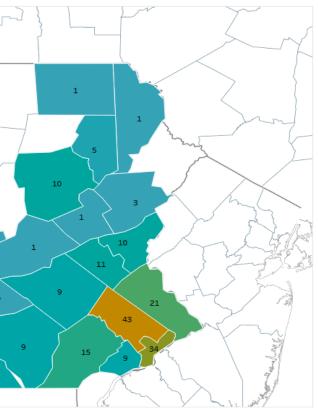
Applicants by County

10/6/2023 5:04:11 AM EST

© 2023 Mapbox © OpenStreetMap

- PA 9-10 % applicant pool
- Majority from urban counties
- About 35% of DMD class •

## 2022-23 Cycle



State of Residence Pennsylvania

## 262 applicants

## Counties

Montgomery County	43
Philadelphia County	34
Bucks County	21
Allegheny County	15
Chester County	15
Lehigh County	11
Luzerne County	10
Northampton Coun	10
Berks County	9
Delaware County	9
Lancaster County	9
York County	8
Blair County	7
Cumberland County	7
Lackawanna County	5
Dauphin County	4
Armstrong County	3
Erie County	3
Jefferson County	3
Monroe County	3
Beaver County	2
Butler County	2
Lawrence County	2
Lycoming County	2
Washington County	2
Adams County	1
Carbon County	1
Clearfield County	1
Clinton County	1
Fayette County	1
Franklin County	1

## Available Filters

Cycle Name 2022-2023

Application Status All

Decision Code All

Legal Sex AII

Ethnicity and Race All

Citizenship Status Δ11

Program Name All

Start Term All

## **Program Attributes**

Attribute Name

Attribute Value

Temple Dental is Ready to Create a Rural Track

If Funded



## How is Temple Dental Addressing Barriers for Dental School Applicants?

- Holistic admission process that considers applicants' life experiences/background (60% academic, 40% Non-cognitive factors such as life experiences, socioeconomic and environmental circumstances, etc.)
- Post-baccalaureate program
- Pre-dental PB program provides DAT preparation, mentorship, interviewing skills, translational sciences to improve students' overall Science GPA
- Merit and need-based scholarships are available but limited
- Outreach to pre-health programs, high schools in North Philadelphia's underrepresented populations to inspire potential applicants (many know very little about dentistry) -- Impression Day, Digital Dentistry.
- Support and feedback to re-applicants to help improve their application for future cycles
- Admission Office offers advisory sessions to waitlisted and unsuccessful applicants

## Post-Baccalaureate program

- Since 2015, majority of admitted PB students (80+%) were accepted to dental schools
- Over half of all students who completed the PB program were admitted to TUKSoD DMD program
- PB students have been admitted to 38 US dental schools

## How can Programs Such as Pitt Dental Hygiene Best Convince Students to Consider a Career in Public Health?

- Develop new tracks:
  - advanced oral health practitioner (to replace the PHDH)
  - certificate in pragmatic public health practice
- Oral health teams with dentists, advanced oral health practitioners, community social worker, and dental assistants

## • Bachelor of Oral Health Sciences and Community Health

- Expansion of scope of practice (advanced oral health practitioner)
- Screening for caries and periodontal diseases
- Non-surgical and minimally-invasive procedures
- Health assessment and testing
- Coordination of care
- Telehealth
- Recall
- Compensation for services in any setting

# What Should We Consider?

- Developing community-focused oral health teams to provide comprehensive care
  - Integrate PHDH (AOHP) within an oral health team including dentists social workers, dental hygienists, dental assistants, and digital dental technicians
- Rural Tracks: Outreach rural community clinics, as extension of dental schools, providing comprehensive and community-focused education of students full-time in rural areas
- Focus on addressing the real causes of the access problems rather that political positioning
- Educating more dentists will not solve the problem
  - Social and family wellness
  - Financing of dental care for residents in rural areas
  - Educational debt

## How can Programs Such as Pitt Dental Hygiene Best Convince Students to Consider a Career in Public Health?

- Rural and urban health clinics funded via per visit case rates
- Provide state-funded loan repayments for oral health team members who practice, part-time or full-time, in underserved areas

In 60 seconds or less, can you share what you see as the greatest need in our dental workforce in PA?

- Teams, teams, and teams focused on comprehensive and integrated dental care
- Funding for Medicaid must change the variation in fees between privately and publicly covered patients
- Rural track: Create opportunities for educating students in rural clinics
- Introduce value-based reimbursement models to reward dentists and dental hygienists for achieving pre-defined oral health and health outcomes
- Standardize the licensure process

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# Roundtables (3 Rounds of 15 Minutes Each)

**1. Action for Health Equity: The Governor's Exception MUP** 2. Addressing Workforce Challenges in Dental Shortage Areas 3. A Visual Oral Health Screening System 4. Community Dental Health Coordinator National Update **5. Dental Office Simulation** 6. Developing a Medical-Dental Integration Program 7. Exploring Oral Health Disparities in the LGBTQ Community 8. A Data System for Tracking Oral Health in Pennsylvania 9. Oral Care for Residents in Long-Term Care Facilities **10. Oral Health Advocacy Update** 11. Pennsylvania School Sealant Programs 12. Recognizing and Remediating Risk in Healthcare - PA Project Firstline 13. Strategies to Promote Oral Health in the Pediatric Medical Office 14. SUN Smiles Program 15.Tobacco/Nicotine Connective Services and Billing **16.UPMC for You Dental Provider Days** 



Don't forget you can share your thoughts on the 2023 **PCOH Summit Jamboard!** 



tinyurl.com/2023PCOHJam

# Impressions and Reflections

**Bright Spots** 1.

2.

What Was Missed? 3.

## Areas to Develop and Strengthen

